

Individual Best Times (All Time)

Layla Trueman - (1167838) - City of Sunderland ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.03	31.40	400	24/03/18	City of Sunderland National Qualifier	Sunderland	NE180846	1
100 Freestyle	1:09.69	1:08.50	408	25/03/18	City of Sunderland National Qualifier	Sunderland	NE180846	1
200 Freestyle	2:33.15	2:30.90	400	21/07/18	City of Sheffield Summer Meet 2018	Sheffield	NE180166	3
400 Freestyle	5:12.90	5:08.40	425	22/07/18	City of Sheffield Summer Meet 2018	Sheffield	NE180166	3
800 Freestyle	10:41.88	10:32.80	430	23/03/18	City of Sunderland National Qualifier	Sunderland	NE180846	1
50 Breaststroke	1:05.22	1:04.70	89	02/11/14	City of Sunderland Firecracker Meet	Sunderland	NE14446	3
100 Breaststroke	1:58.40	1:57.30	158	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
200 Breaststroke	4:01.20	3:59.00	185	05/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
50 Butterfly	35.28	34.70	332	22/07/18	City of Sheffield Summer Meet 2018	Sheffield	NE180166	3
100 Butterfly	1:20.74	1:19.80	324	22/07/18	City of Sheffield Summer Meet 2018	Sheffield	NE180166	3
200 Butterfly	2:58.85	2:57.10	315	11/02/18	N & D 2018 Championships	Sunderland	NE180243	1
50 Backstroke	38.01	37.50	352	09/07/17	City of Sunderland Summer Splash 2017	Sunderland	NE171638	3
100 Backstroke	1:23.72	1:22.80	321	21/07/18	City of Sheffield Summer Meet 2018	Sheffield	NE180166	3
200 Backstroke	2:49.08	2:47.10	386	25/03/18	City of Sunderland National Qualifier	Sunderland	NE180846	1
200 Individual Medley	2:59.60	2:57.40	346	21/01/17	City of Sunderland SC New Year Meet 2017	Sunderland	NE170490	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.48	33.10	351	12/05/18	Wear Valley May L3 Meet	Bishop Auckland	NE180001	3
100 Freestyle	1:09.94	1:11.10	370	02/12/17	Derwentside Christmas Cracker Meet 2017	Stanley	NE172237	3
200 Freestyle	2:28.41	2:30.70	410	12/05/18	Wear Valley May L3 Meet	Bishop Auckland	NE180001	3
400 Freestyle	5:17.03	5:21.40	388	12/02/17	Middlesbrough ASC AA Grade 2017 Gala	Middlesbrough	NE170149	3
800 Freestyle	10:43.02	10:52.00	409	14/07/17	Gateshead & Whickham Summer Meet 2017	Dunston	NE171515	3
50 Breaststroke	45.72	46.40	238	21/09/17	City of Sunderland Club Championships 2017	Sunderland	NE172179	4
100 Breaststroke	1:42.45	1:43.70	225	21/09/17	City of Sunderland Club Championships 2017	Sunderland	NE172179	4
200 Breaststroke	3:45.38	3:47.70	212	21/02/16	Middlesbrough AA Grade 2016 Gala	Middlesbrough	NE160354	3
50 Butterfly	35.17	35.70	333	03/12/17	Derwentside Christmas Cracker Meet 2017	Stanley	NE172237	3
100 Butterfly	1:18.79	1:19.70	322	12/05/18	Wear Valley May L3 Meet	Bishop Auckland	NE180001	3
200 Butterfly	2:57.61	2:59.40	305	11/02/17	Middlesbrough ASC AA Grade 2017 Gala	Middlesbrough	NE170149	3
50 Backstroke	38.79	39.30	275	06/01/18	Peterlee & Derwentside New Year Meet 2018	Stanley	NE180176	3
100 Backstroke	1:19.75	1:20.80	326	03/12/17	Derwentside Christmas Cracker Meet 2017	Stanley	NE172237	3
200 Backstroke	2:46.21	2:48.20	366	07/01/18	Peterlee & Derwentside New Year Meet 2018	Stanley	NE180176	3
200 Individual Medley	2:49.71	2:52.00	370	13/05/18	Wear Valley May L3 Meet	Bishop Auckland	NE180001	3
400 Individual Medley	6:59.57	7:03.80	235	12/12/15	Middlesbrough Christmas Meet 2015	Middlesbrough	NE152273	3
100 Individual Medley	1:21.86	1:21.90	328	12/05/18	Wear Valley May L3 Meet	Bishop Auckland	NE180001	3