

Individual Best Times (All Time)

James Brown - (1167081) - Forward Hillingdon Squad

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.71	38.20	157	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
100 Freestyle	1:30.86	1:29.90	137	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
50 Breaststroke	49.79	49.20	141	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
100 Breaststroke	1:50.82	1:49.70	135	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
50 Backstroke	47.08	46.60	125	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.53	36.10	182	14/03/15	MCASA Spring Development Meet	Enfield	LR150434	3
100 Freestyle	1:16.15	1:17.20	204	14/03/15	MCASA Spring Development Meet	Enfield	LR150434	3
200 Freestyle	2:43.43	2:45.50	224	01/03/15	MCASA Spring Development Meet	Enfield	LR150433	3
50 Breaststroke	45.26	46.00	167	14/03/15	MCASA Spring Development Meet	Enfield	LR150434	3
100 Breaststroke	1:41.05	1:42.30	163	15/03/15	MCASA Spring Development Meet	Enfield	LR150434	3
200 Breaststroke	3:36.60	3:39.00	170	15/03/15	MCASA Spring Development Meet	Enfield	LR150434	3
50 Butterfly	44.96	45.40	113	31/01/15	Potters Bar Winter Open 2015	Potters Bar	ER150125	3
50 Backstroke	41.24	41.70	154	31/01/15	Potters Bar Winter Open 2015	Potters Bar	ER150125	3
100 Backstroke	1:25.91	1:26.80	178	14/03/15	MCASA Spring Development Meet	Enfield	LR150434	3
200 Backstroke	3:03.46	3:05.30	190	08/03/15	Hillingdon RNSS House Club Champs	Northwood	LR150683	4
100 Individual Medley	1:29.08	1:29.10	169	01/03/15	MCASA Spring Development Meet	Enfield	LR150433	3