

# Individual Best Times (All Time)

Jacob Wilk - (1165917) - Witham Dolphins SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	43.25	43.70	101	12/04/15	Halstead 6th Short Course Open Meet	Braintree	ER150571	3
100 Freestyle	1:40.44	1:41.30	88	12/04/15	Halstead 6th Short Course Open Meet	Braintree	ER150571	3
200 Freestyle	3:53.50	3:55.00	77	09/11/14	Witham Dolphins Club Championships	Witham	ER14304	4
400 Freestyle	8:19.13	8:21.90	76	13/10/14	Witham Dolphins SC Winter Champs 2014	Witham	ER14302	4
50 Breaststroke	56.99	57.50	83	12/04/15	Halstead 6th Short Course Open Meet	Braintree	ER150571	3
100 Breaststroke	2:05.74	2:06.70	84	12/04/15	Halstead 6th Short Course Open Meet	Braintree	ER150571	3
200 Breaststroke	4:34.91	4:36.80	83	23/11/14	Witham Dolphins Winter Club Championships	Witham	ER14306	4
50 Butterfly	1:04.55	1:04.80	38	12/04/15	Halstead 6th Short Course Open Meet	Braintree	ER150571	3
50 Backstroke	57.92	58.30	55	15/06/14	Witham Dolphins Club Swimming Champs	Witham	ER4663	4
100 Backstroke	1:59.59	2:00.30	66	12/04/15	Halstead 6th Short Course Open Meet	Braintree	ER150571	3
200 Backstroke	4:29.50	4:30.70	60	23/11/14	Witham Dolphins Winter Club Championships	Witham	ER14306	4
100 Individual Medley	2:02.43	2:02.40	65	22/06/14	Witham Dolphins Club Swimming Championships	Witham	ER4661	4