

Individual Best Times (All Time)

Elizabeth Blake - (1165045) - Team Jorvik

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.75	34.10	313	26/11/16	City of Sheffield Snow Frills Meet	Sheffield	NE160213	3
100 Freestyle	1:14.46	1:13.30	334	12/03/17	Jorvik Spring Festival LC Meet	Leeds	NE170344	3
200 Freestyle	2:30.78	2:28.50	419	11/03/18	Jorvik Spring Festival 2018	Leeds	NE180441	3
400 Freestyle	5:23.27	5:18.90	386	08/04/17	Richmond Dales April Fool Gala	Leeds	NE170269	1
50 Breaststroke	43.80	43.10	295	08/04/17	Richmond Dales April Fool Gala	Leeds	NE170269	1
100 Breaststroke	1:29.76	1:28.30	364	11/03/18	Jorvik Spring Festival 2018	Leeds	NE180441	3
200 Breaststroke	3:21.88	3:19.20	316	10/01/16	City of Leeds New Year Meet 2016	Leeds	NE160165	3
100 Butterfly	1:28.38	1:27.50	247	11/03/18	Jorvik Spring Festival 2018	Leeds	NE180441	3
100 Backstroke	1:23.51	1:22.50	323	11/03/18	Jorvik Spring Festival 2018	Leeds	NE180441	3
200 Backstroke	3:09.69	3:07.90	273	17/07/16	Doncaster Darts End of Season Long Course Meet	Leeds	NE160598	3
200 Individual Medley	2:52.88	2:50.60	388	11/03/18	Jorvik Spring Festival 2018	Leeds	NE180441	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.04	31.70	403	22/09/18	Billingham Autumn Meet	Billingham	NE180379	3
100 Freestyle	1:09.73	1:10.90	374	16/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	NE170734	3
200 Freestyle	2:29.58	2:31.90	401	16/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	NE170734	3
400 Freestyle	5:09.46	5:14.00	417	15/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	NE170734	3
50 Breaststroke	39.55	40.30	369	14/04/18	Harrogate Spa Town A & B Grade Meet	Harrogate	NE180139	3
100 Breaststroke	1:25.40	1:26.90	389	17/03/18	Tynemouth ASC 2018 Spring Gala	Tynemouth Pool	NE180542	3
200 Breaststroke	3:05.32	3:08.20	382	15/04/18	Harrogate Spa Town A & B Grade Meet	Harrogate	NE180139	3
50 Butterfly	37.39	37.90	277	17/06/17	Viking Sprints 2017	Leeds	NE170620	3
100 Butterfly	1:21.90	1:22.80	287	22/09/18	Billingham Autumn Meet	Billingham	NE180379	3
50 Backstroke	38.13	38.70	290	15/04/18	Harrogate Spa Town A & B Grade Meet	Harrogate	NE180139	3
100 Backstroke	1:30.53	1:31.40	222	12/12/15	York City Baths Club 2015 Club Championships	York	NE152330	4
200 Backstroke	2:50.84	2:52.80	337	16/09/17	York City Baths Autumn Swim Extravaganza 2017	Leeds	NE171822	3
200 Individual Medley	2:49.42	2:51.70	372	15/07/17	Rotherham Metro 'A' & 'B' Grade Short Course Meet	Sheffield	NE170734	3
400 Individual Medley	6:02.44	6:07.30	364	17/09/17	York City Baths Autumn Swim Extravaganza 2017	Leeds	NE171822	3
100 Individual Medley	1:18.46	1:18.50	373	17/06/17	Viking Sprints 2017	Leeds	NE170620	3