

# Individual Best Times (All Time)

Benjamin Mellor - (1163748) - Long Eaton SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.55	29.90	320	15/12/19	Derbyshire ASA Long Course Competition 2019	Sheffield	EM192731	3
100 Freestyle	1:27.88	1:26.90	151	12/03/17	City of Sheffield March Madness	Sheffield	NE170247	3
50 Breaststroke	36.05	35.20	372	15/12/19	Derbyshire ASA Long Course Competition 2019	Sheffield	EM192731	3
100 Breaststroke	1:51.34	1:50.20	133	12/03/17	City of Sheffield March Madness	Sheffield	NE170247	3
50 Butterfly	34.45	33.90	270	15/12/19	Derbyshire ASA Long Course Competition 2019	Sheffield	EM192731	3
50 Backstroke	35.73	35.20	286	15/12/19	Derbyshire ASA Long Course Competition 2019	Sheffield	EM192731	3
100 Backstroke	1:38.89	1:38.10	142	12/03/17	City of Sheffield March Madness	Sheffield	NE170247	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.43	30.10	321	09/10/20	Long Eaton SC	West Park LC	LEX009	0
100 Freestyle	1:06.04	1:07.30	313	16/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200327	2
200 Freestyle	2:26.15	2:28.50	314	22/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200328	2
400 Freestyle	5:27.31	5:31.60	272	02/06/19	Long Eaton Club Championships Distance Events	Long Eaton	EM191499	4
50 Breaststroke	34.94	35.80	364	16/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200327	2
100 Breaststroke	1:17.95	1:19.50	356	22/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200328	2
200 Breaststroke	2:54.10	2:57.10	328	15/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200327	2
50 Butterfly	33.15	33.70	282	15/03/20	37th City of Derby Licensed Short Course Open Meet	Matlock	EM200407	3
100 Butterfly	1:24.09	1:25.00	183	19/01/20	Long Eaton 2020 Open Meet	Derby	EM200074	3
50 Backstroke	34.31	34.90	267	15/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200327	2
100 Backstroke	1:18.48	1:19.50	233	19/01/20	Long Eaton 2020 Open Meet	Derby	EM200074	3
200 Backstroke	2:49.92	2:51.90	240	17/02/19	Derbyshire ASA County Championships 2019	MATLOCK	EM190290	2
200 Individual Medley	2:41.06	2:43.50	315	07/12/19	Chesterfield Winter Open Championships	Matlock	EM192125	3
400 Individual Medley	6:08.00	6:12.80	259	02/06/19	Long Eaton Club Championships Distance Events	Long Eaton	EM191499	4
100 Individual Medley	1:12.28	1:12.30	316	23/02/20	Derbyshire ASA County Championships 2020	Matlock	EM200328	2