

Individual Best Times (All Time)

Hermione Roe - (1163589) - Bradford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.64	26.90	623	01/08/19	Swim England National Summer Meet	Sheffield	ENG014	1
100 Freestyle	1:00.05	58.60	638	03/08/18	Swim England National Summer Meet	Sheffield	ENG009	1
200 Freestyle	2:08.17	2:05.40	682	31/07/19	Swim England National Summer Meet	Sheffield	ENG014	1
400 Freestyle	4:28.55	4:23.30	673	02/08/19	Swim England National Summer Meet	Sheffield	ENG014	1
50 Breaststroke	33.34	32.40	669	12/02/23	Middle East Junior and Open Championships 2023	Hamdan	GBR1912	1
100 Breaststroke	1:12.84	1:11.10	682	28/07/19	British Summer Championships	Glasgow	BSW011	1
200 Breaststroke	2:38.73	2:35.40	650	24/07/19	British Summer Championships	Glasgow	BSW011	1
50 Butterfly	29.68	29.00	557	24/02/18	Yorkshire County Championships	Sheffield	NE180137	1
100 Butterfly	1:06.83	1:05.70	572	12/05/19	2019 SENW Summer Championships	Manchester	NW190233	1
50 Backstroke	34.77	34.20	461	11/02/17	Yorkshire SA County Championships	Sheffield	NE170142	1
100 Backstroke	1:13.59	1:12.50	472	04/02/17	Yorkshire SA County Championships	Leeds	NE170141	1
200 Individual Medley	2:25.11	2:22.40	656	27/07/19	British Summer Championships	Glasgow	BSW011	1
400 Individual Medley	5:15.47	5:09.90	598	19/05/18	North East Region Championships	Leeds	NE180151	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.17	27.90	601	15/10/22	Exeter City - Lyndsay Powell Memorial Meet 2022	Plymouth	SW221443	2
100 Freestyle	59.16	1:00.60	612	04/02/18	Yorkshire County Championships	Leeds	NE180135	2
200 Freestyle	2:07.95	2:10.60	640	03/11/18	Swim England North East Region Age Group (25)	Sheffield	NE182209	2
400 Freestyle	4:36.80	4:41.80	583	20/10/19	Nova Level 2 SCM October Open Meet	Harvey Hadden	EM192476	2
50 Breaststroke	33.04	34.00	633	05/11/22	SWR Short Course Winter	Millfield	SW221964	2
100 Breaststroke	1:10.93	1:12.70	679	02/12/22	National Winter Championships 2022	Sheffield	ENG027	2
200 Breaststroke	2:36.62	2:40.00	634	04/12/22	National Winter Championships 2022	Sheffield	ENG027	2
50 Butterfly	30.12	30.70	530	16/10/22	Exeter City - Lyndsay Powell Memorial Meet 2022	Plymouth	SW221443	2
100 Butterfly	1:05.36	1:06.50	565	04/02/18	Yorkshire County Championships	Leeds	NE180135	2
50 Backstroke	33.39	34.00	432	01/10/17	Yorkshire SA Winter Competition	Leeds	NE171862	2
100 Backstroke	1:13.72	1:14.80	412	01/10/16	Yorkshire SA Winter Competition	Leeds	NE162071	2
200 Individual Medley	2:22.93	2:25.70	619	03/02/18	Yorkshire County Championships	Leeds	NE180135	2
400 Individual Medley	5:06.91	5:12.60	600	11/12/20	Mount Kelly	Mount Kelly	LEX662	0
100 Individual Medley	1:06.36	1:06.40	617	03/12/22	National Winter Championships 2022	Sheffield	ENG027	2