

Individual Best Times (All Time)

Nicolas Breeze - (1161919) - Leicester Penguins SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.58	24.80	546	21/12/19	Northampton Swimming Club Winter Festival	Corby	EM191953	1
100 Freestyle	56.00	54.50	585	22/12/19	Northampton Swimming Club Winter Festival	Corby	EM191953	1
200 Freestyle	2:10.75	2:08.10	474	06/04/19	Derventio Excel 13th Long Course Open Meet	Sheffield	EM190236	1
100 Breaststroke	1:38.14	1:36.80	194	05/03/17	Nova Centurion March Sprint Meet 2017	Nottingham	EM170410	3
200 Breaststroke	3:22.26	3:19.60	238	08/07/17	Graham Sykes Memorial Meet 2017	Coventry	WM170725	3
50 Butterfly	27.05	26.30	558	01/03/20	ESSA 70th National Inter-Divisional Championships	Sheffield	NE200158	1
100 Butterfly	1:00.14	58.90	555	29/02/20	ESSA 70th National Inter-Divisional Championships	Sheffield	NE200158	1
200 Butterfly	2:20.18	2:17.90	487	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	EM191625	1
50 Backstroke	29.98	29.30	484	06/05/19	SE East Midlands Region Champs 2019 Gala 2	Sheffield	EM191624	1
100 Backstroke	1:03.83	1:02.60	528	19/05/19	SE East Midlands Region Champs 2019 Gala 3	Sheffield	EM191625	1
200 Backstroke	2:45.44	2:43.40	309	08/07/17	Graham Sykes Memorial Meet 2017	Coventry	WM170725	3
400 Individual Medley	5:25.51	5:20.10	413	07/04/18	Derventio Excel 12th Long Course Open Meet	Sheffield	EM180269	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.84	25.70	534	19/01/20	2020 LASA County Age Group & Championships	Braunstone	EM200329	2
100 Freestyle	54.00	55.50	572	03/11/19	Midlands Winter Short Course Championships 2019	Nottingham	EM193013	2
200 Freestyle	2:00.07	2:02.90	566	18/01/20	2020 LASA County Age Group & Championships	Braunstone	EM200329	2
400 Freestyle	4:30.24	4:35.40	484	17/11/18	Stafford Apex Winter Open Meet	Stafford	WM181893	3
1500 Freestyle	18:35.43	18:53.80	437	25/11/17	Grantham Club Championships	Grantham	EM172116	4
50 Breaststroke	35.23	36.10	355	28/09/19	Northampton & City of Leic Early Season Sprint	Braunstone	EM192138	4
100 Breaststroke	1:23.21	1:24.70	293	25/11/18	Bramcote Swimming Club's 11th Annual Open Meet	Bramcote	EM181419	3
200 Breaststroke	3:36.74	3:39.20	170	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham	EM150588	3
50 Butterfly	26.85	27.50	531	18/01/20	2020 LASA County Age Group & Championships	Braunstone	EM200329	2
100 Butterfly	58.78	1:00.10	537	02/02/20	2020 LASA County Age Group & Championships	Hinckley	EM200330	2
200 Butterfly	2:12.19	2:14.60	528	01/02/20	2020 LASA County Age Group & Championships	Hinckley	EM200330	2
50 Backstroke	28.21	28.90	481	09/02/20	2020 LASA County Age Group & Championships	Braunstone	EM200331	2
100 Backstroke	1:00.50	1:01.80	509	19/01/20	2020 LASA County Age Group & Championships	Braunstone	EM200329	2
200 Backstroke	2:37.19	2:39.30	303	16/07/17	Grantham Club Championships	Grantham	EM170996	3
200 Individual Medley	2:15.54	2:18.40	529	09/02/20	2020 LASA County Age Group & Championships	Braunstone	EM200331	2
400 Individual Medley	5:07.93	5:13.60	443	20/01/19	Leicestershire County Age Groups & Championships	Braunstone	EM190421	2
100 Individual Medley	1:04.18	1:04.20	452	28/09/19	Northampton & City of Leic Early Season Sprint	Braunstone	EM192138	4