

Individual Best Times (All Time)

Noah Cain-Marks - (1161917) - Melton Mowbray SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.92	31.60	277	31/08/19	Melton Mowbray Club Champs	Waterfield	EM192732	4
100 Freestyle	1:12.17	1:13.30	239	16/09/17	Melton Mowbray Annuals Part 2	Melton Mowbray	EM171567	4
200 Freestyle	2:28.39	2:30.70	300	21/09/19	Melton Mowbray Club Champs	Waterfield	EM192735	4
400 Freestyle	5:47.64	5:51.70	227	20/05/17	Sprint Championships & Long Distance Championships	Melton Mowbray	EM170700	4
1500 Freestyle	22:13.08	22:28.50	256	21/04/18	Melton Mowbray Club Championships	Waterfield LC	EM181028	4
50 Breaststroke	45.08	45.80	169	31/08/19	Melton Mowbray Club Champs	Waterfield	EM192732	4
100 Breaststroke	1:41.85	1:43.10	159	09/09/17	Melton Mowbray Annuals Part 1	Melton Mowbray	EM171566	4
200 Breaststroke	3:40.36	3:42.80	162	02/09/17	Melton Mowbray 200m Champs Part 2	Melton Mowbray	EM171565	4
50 Butterfly	37.28	37.80	198	31/08/19	Melton Mowbray Club Champs	Waterfield	EM192732	4
100 Butterfly	1:38.25	1:39.00	115	16/09/17	Melton Mowbray Annuals Part 2	Melton Mowbray	EM171567	4
200 Butterfly	4:13.42	4:14.70	74	06/12/15	Melton Mowbray Gala	Melton Mowbray	EM151722	4
50 Backstroke	35.98	36.50	232	31/08/19	Melton Mowbray Club Champs	Waterfield	EM192732	4
100 Backstroke	1:16.75	1:17.80	249	14/09/19	Melton Mowbray Club Champs	Waterfield	EM192734	4
200 Backstroke	2:43.15	2:45.20	271	28/09/19	Melton Mowbray Club Champs	Waterfield	EM192736	4
200 Individual Medley	3:32.55	3:34.40	137	09/07/16	Melton Mowbray Annual IM Gala	Melton Mowbray	EM160675	4
400 Individual Medley	6:49.21	6:53.50	188	10/06/17	Melton Mowbray Sprint & LD Championships	Melton Mowbray	EM170701	4
100 Individual Medley	1:40.41	1:40.40	118	05/07/15	Braunstone Sprint Open Meet	Leicester	EM151054	3