

Individual Best Times (All Time)

Millie Boyd - (1161108) - Bellshill Sharks ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.56	28.80	509	29/02/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	SCO1800	2
100 Freestyle	1:02.88	1:01.50	556	18/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
200 Freestyle	2:22.74	2:20.30	494	16/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
400 Freestyle	5:10.25	5:05.70	436	17/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
50 Breaststroke	37.48	36.60	470	27/03/19	Scottish National Age Group Championships	Tollcross	SCO1637	1
100 Breaststroke	1:25.44	1:24.00	422	29/02/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	SCO1800	2
200 Breaststroke	3:18.80	3:16.10	331	17/02/18	2018 WD Long Course Championships - Round 2	Glasgow	SCO1423	1
50 Butterfly	31.53	30.90	465	14/07/19	Scottish Summer Meet	RCP Edinburgh	SCO1690	1
100 Butterfly	1:16.20	1:15.20	385	11/01/20	2020 WD Long Course Championships - WE1	Tollcross	SCO1782	1
50 Backstroke	34.80	34.20	459	07/04/19	COGST Graded Meet 2019	Tollcross	SCO1635	2
100 Backstroke	1:14.79	1:13.70	450	17/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
200 Backstroke	2:50.61	2:48.60	375	12/05/18	2018 WD Wannabe - BITW AG Open Meet	Tollcross	SCO1465	1
200 Individual Medley	2:40.16	2:37.70	488	18/07/21	Scottish Summer Festival of Swimming	Edinburgh	SCO1817	1
400 Individual Medley	6:06.02	6:01.20	383	13/05/18	2018 WD Wannabe - BITW AG Open Meet	Tollcross	SCO1465	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.40	30.10	474	26/10/19	Carnegie Winter Open Meet 2019	Michael Woods	SCO1726	2
100 Freestyle	1:02.11	1:03.40	529	04/11/18	North District Open Championships 2018	Aberdeen	SCO1538	2
200 Freestyle	2:17.56	2:20.10	515	09/11/19	North District Open Championships 2019	Aberdeen	SCO1741	2
400 Freestyle	5:06.17	5:10.70	431	22/06/19	Bellshill Sharks Summer Splash 2019	Sir Matt Busby,	SCO1687	2
800 Freestyle	10:24.74	10:33.90	446	17/02/19	North Ayrshire 200 Meet 2019	Stevenston	SCO1603	2
1500 Freestyle	20:36.03	20:52.60	396	19/05/17	Swim West Lothian IM Tough 2017	West Lothian	SCO1298	2
50 Breaststroke	36.51	37.40	469	04/11/18	North District Open Championships 2018	Aberdeen	SCO1538	2
100 Breaststroke	1:21.47	1:23.00	448	08/02/20	Bellshill Sharks Open Meet 2020	Bellshill	SCO1786	2
200 Breaststroke	2:57.01	3:00.00	439	04/11/18	North District Open Championships 2018	Aberdeen	SCO1538	2
50 Butterfly	30.92	31.50	490	04/11/18	North District Open Championships 2018	Aberdeen	SCO1538	2
100 Butterfly	1:13.76	1:14.80	393	27/10/18	2018 WD SC Senior Age Group Championships	Tollcross	SCO1534	2
50 Backstroke	33.82	34.40	416	03/11/18	North District Open Championships 2018	Aberdeen	SCO1538	2
100 Backstroke	1:13.84	1:14.90	410	03/11/19	REN96 Open Meet	Linwood	SCO1742	2
200 Backstroke	2:39.54	2:41.60	414	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
200 Individual Medley	2:38.37	2:40.80	455	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
400 Individual Medley	5:47.16	5:52.20	414	17/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
100 Individual Medley	1:12.47	1:12.50	474	27/10/19	Carnegie Winter Open Meet 2019	Michael Woods	SCO1726	2