

Individual Best Times (All Time)

Joni Moores - (1159664) - Ilkeston SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.12	34.50	303	01/03/20	Nova March Meet (Level 3)	Nottingham	EM200415	3
100 Freestyle	1:16.88	1:15.80	304	01/12/19	City of Sheffield Swim Squad Snow Frills	Sheffield	NE190403	3
50 Breaststroke	47.22	46.50	235	01/03/20	Nova March Meet (Level 3)	Nottingham	EM200415	3
100 Breaststroke	1:48.77	1:47.60	204	01/03/20	Nova March Meet (Level 3)	Nottingham	EM200415	3
200 Breaststroke	3:44.28	3:41.90	230	01/12/19	City of Sheffield Swim Squad Snow Frills	Sheffield	NE190403	3
100 Butterfly	1:50.66	1:50.00	126	19/01/19	Rotherham Metro A & B Long Course Graded Meet	Sheffield	NE190112	3
200 Individual Medley	3:31.28	3:29.40	212	19/01/19	Rotherham Metro A & B Long Course Graded Meet	Sheffield	NE190112	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.79	35.40	286	02/11/20	Ilkeston SC	Victoria Park LC	LEX591	0
100 Freestyle	1:15.88	1:17.00	290	03/11/20	Ilkeston SC	Victoria Park LC	LEX592	0
200 Freestyle	2:51.71	2:53.70	265	22/09/19	Ilkeston Club Championships	Ilkeston	EM192287	4
400 Freestyle	6:11.10	6:14.90	242	15/09/19	Ilkeston Club Championships	Ilkeston	EM192816	4
50 Breaststroke	44.71	45.40	255	02/11/20	Ilkeston SC	Victoria Park LC	LEX591	0
100 Breaststroke	1:44.71	1:45.90	211	21/06/21	Ilkeston	Victoria Park	LEX2418	0
200 Breaststroke	3:47.96	3:50.30	205	07/04/19	Chesterfield Spring A & B Meet	Matlock	EM191318	3
50 Butterfly	40.71	41.20	214	02/11/20	Ilkeston SC	Victoria Park LC	LEX591	0
100 Butterfly	1:43.92	1:44.70	140	22/09/19	Ilkeston Club Championships	Ilkeston	EM192287	4
50 Backstroke	43.72	44.20	192	15/09/19	Ilkeston Club Championships	Ilkeston	EM192816	4
100 Backstroke	1:37.57	1:38.40	178	22/09/19	Ilkeston Club Championships	Ilkeston	EM192287	4
100 Individual Medley	1:28.62	1:28.60	259	03/11/20	Ilkeston SC	Victoria Park LC	LEX592	0