

# Individual Best Times (All Time)

Kai Volanthen - (1159287) - Eastleigh SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Freestyle	2:58.05	2:56.10	188	17/07/16	Portsmouth Northsea End of Season Meet	Portsmouth	SE160364	3
400 Freestyle	5:41.02	5:36.90	268	28/01/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170464	1
50 Breaststroke	50.43	49.80	136	18/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
100 Breaststroke	1:41.16	1:39.90	177	17/07/16	Portsmouth Northsea End of Season Meet	Portsmouth	SE160364	3
200 Breaststroke	3:56.13	3:53.90	150	18/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
50 Butterfly	41.74	41.30	151	16/07/16	Portsmouth Northsea End of Season Meet	Portsmouth	SE160364	3
50 Backstroke	43.61	43.10	157	19/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3
100 Backstroke	1:29.51	1:28.60	191	16/07/16	Portsmouth Northsea End of Season Meet	Portsmouth	SE160364	3
200 Backstroke	3:15.95	3:14.20	186	19/07/15	Portsmouth Northsea End of Season Meet	Portsmouth	SE150139	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.38	35.00	201	18/12/16	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE162569	3
100 Freestyle	1:15.04	1:16.10	213	17/12/16	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE162569	3
200 Freestyle	2:41.63	2:43.80	232	20/11/16	Peter Bull Open Meet	Waterlooville	SE162018	3
400 Freestyle	5:44.94	5:49.00	232	15/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162074	4
50 Breaststroke	43.23	44.00	192	05/02/17	Hampshire County Swimming Championships 2017	Waterlooville	SE170465	2
100 Breaststroke	1:32.55	1:33.90	213	20/11/16	Peter Bull Open Meet	Waterlooville	SE162018	3
200 Breaststroke	3:16.41	3:19.10	228	05/02/17	Hampshire County Swimming Championships 2017	Waterlooville	SE170465	2
50 Butterfly	46.96	47.40	99	04/10/15	City of Southampton SC 15th James Moreno Open Meet	Southampton	SE150634	2
100 Butterfly	1:50.50	1:51.20	80	19/04/15	Salisbury Stingrays Spring Meet 2015	Salisbury	SW150759	3
50 Backstroke	38.87	39.40	184	20/11/16	Peter Bull Open Meet	Waterlooville	SE162018	3
100 Backstroke	1:22.04	1:23.00	204	17/12/16	Basingstoke Bluefins Last Chance County Qualifier	Basingstoke	SE162569	3
200 Backstroke	2:51.57	2:53.50	233	04/02/17	Hampshire County Swimming Championships 2017	Waterlooville	SE170465	2
200 Individual Medley	2:58.52	3:00.70	231	04/02/17	Hampshire County Swimming Championships 2017	Waterlooville	SE170465	2
100 Individual Medley	1:25.41	1:25.40	192	22/10/16	Winchester City Penguins Club Championships	St Swithuns	SE162076	4