

Individual Best Times (All Time)

Max Geysen-Holley - (1159121) - City of Cardiff

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.49	23.60	622	03/08/22	Swim Wales Summer Open 2022	Swansea	WL220741	1
100 Freestyle	52.79	51.20	699	13/04/24	Cardiff International Open Meet 2024	Cardiff	WL240160	1
200 Freestyle	1:53.71	1:50.60	721	22/03/24	Swim Wales National Championships 2024	Swansea	WL240023	1
400 Freestyle	4:07.18	4:01.50	705	04/04/23	British Swimming Championships 2023	Sheffield	BSW024	1
800 Freestyle	8:44.69	8:33.60	639	04/08/22	Swim Wales Summer Open 2022	Swansea	WL220741	1
1500 Freestyle	17:51.83	17:32.40	536	19/01/20	C. o. C. Welsh Capital Open Meet 2020	Cardiff	WL200011	1
50 Breaststroke	31.49	30.50	559	22/06/24	City of Sheffield Team Steel Meet 2024	Sheffield	NE240091	1
100 Breaststroke	1:11.06	1:09.30	512	07/05/22	Swansea Aquatics Long Course Open Meet 2022	Swansea	WL220093	1
200 Breaststroke	3:01.36	2:58.40	331	05/01/19	UOB & Bristol Henleaze New Year Open Meet	Hengrove Park	SW190191	1
50 Butterfly	26.29	25.60	607	06/08/23	Swim Wales Summer Open 2023	Swansea	WL230316	1
100 Butterfly	58.17	56.90	614	11/02/24	Swim Wales Regional Racing Series - SE 2024	Cardiff	WL240021	1
200 Butterfly	2:16.74	2:14.40	525	08/05/22	Swansea Aquatics Long Course Open Meet 2022	Swansea	WL220093	1
50 Backstroke	33.11	32.50	359	21/04/19	Swim Wales Long Course Championships	WNPS	WL190346	1
100 Backstroke	1:10.94	1:09.80	384	25/05/19	City of Cardiff International Open Meet	Cardiff	WL190057	1
200 Backstroke	2:32.28	2:30.10	397	11/05/19	Swansea Aquatics Centenary 2019 LC Open Meet	WNPS	WL190341	1
200 Individual Medley	2:11.34	2:08.30	653	13/04/24	Cardiff International Open Meet 2024	Cardiff	WL240160	1
400 Individual Medley	5:10.28	5:04.60	477	18/01/20	C. o. C. Welsh Capital Open Meet 2020	Cardiff	WL200011	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.65	24.50	619	16/12/22	Swim Wales Winter Championships 2022	Swansea	WL220375	2
100 Freestyle	51.00	52.60	679	09/12/23	National Arena Swimming League Western 2023 Gala 1	Newport	SW232344	2
200 Freestyle	1:50.51	1:53.60	727	17/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
400 Freestyle	3:58.35	4:04.10	706	15/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
800 Freestyle	8:26.88	8:38.10	669	19/11/22	Cardiff International Open Meet 2022	Cardiff	WL220092	2
1500 Freestyle	16:13.56	16:34.50	658	10/02/23	South East Wales Regional Championships	Newport	WL230671	2
50 Breaststroke	29.93	31.00	579	21/10/23	CW+Millfield Int'l Meet Part of 23/24 Arena Series	Millfield School	SW231690	2
100 Breaststroke	1:07.12	1:09.00	558	12/02/23	South East Wales Regional Championships	Newport	WL230671	2
200 Breaststroke	2:27.46	2:31.00	541	26/11/23	Swim Wales Regional SC Championships - SE 2023	Newport	WL232011	2
50 Butterfly	25.74	26.50	603	21/10/23	CW+Millfield Int'l Meet Part of 23/24 Arena Series	Millfield School	SW231690	2
100 Butterfly	58.13	59.40	555	23/10/23	CW+Millfield Int'l Meet Part of 23/24 Arena Series	Millfield School	SW231690	2
200 Butterfly	2:12.38	2:14.70	525	20/11/22	Cardiff International Open Meet 2022	Cardiff	WL220092	2
50 Backstroke	30.55	31.20	379	24/09/22	City of Cardiff Club Championships	Cardiff	WL220742	3
100 Backstroke	1:05.18	1:06.40	407	23/09/23	Co Cardiff Club Championships 2023	Cardiff	WL230623	3
200 Backstroke	2:28.86	2:31.10	357	03/02/19	Swim Wales South East Regional Championships	Newport	WL190035	2
200 Individual Medley	2:07.01	2:10.10	643	15/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
400 Individual Medley	4:39.87	4:46.10	590	21/10/23	CW+Millfield Int'l Meet Part of 23/24 Arena Series	Millfield School	SW231690	2
100 Individual Medley	1:01.78	1:01.80	507	14/12/20	Swim Wales Super Series - Round 3, Session 1	Swansea	LYX007	0