

# Individual Best Times (All Time)

William Frankland - (1159109) - Beau Sejour Barracuda SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.62	27.40	434	12/02/22	Beau Sejour Barracudas The Oak Series 2022	Beau Sejour	SE220350	4
100 Freestyle	1:10.36	1:11.50	258	12/10/19	Guernsey Oak 100m Championship	St Sampsons	SE192827	4
200 Freestyle	2:51.97	2:54.00	192	27/03/19	Beau Sejour Barracudas Oak Series 2019	Guernsey	SE191288	4
400 Freestyle	7:54.07	7:57.00	89	14/10/15	Beau Sejour Barracudas Specsavers Series	Guernsey	SE150420	4
50 Breaststroke	34.20	35.10	388	12/06/22	The Beau Sejour Barracudas 32nd Open Meet	Beau Sejour	SE220938	3
100 Breaststroke	1:21.43	1:23.00	312	28/11/20	The Island Swimming Championships	St Sampsons High	SE201193	3
200 Breaststroke	3:20.55	3:23.20	215	09/10/19	Beau Sejour Barracudas Oak Series 2019	Guernsey	SE191294	4
50 Butterfly	45.31	45.70	110	13/03/19	Beau Sejour Barracudas Oak Series 2019	Guernsey	SE191287	4
50 Backstroke	37.06	37.60	212	07/03/20	Beau Sejour Barracudas LBG The Oak Series	Guernsey	SE200648	4
100 Backstroke	1:39.23	1:40.00	115	06/06/18	Beau Sejour Barracudas LBG Club Championships 2018	Guernsey	SE180967	4
200 Backstroke	4:09.78	4:11.10	75	09/09/15	Beau Sejour Barracudas Specsavers Series	Guernsey	SE150417	4
200 Individual Medley	3:46.34	3:48.10	113	16/11/16	Beau Sejour Specsavers Series	Guernsey	SE160882	4
100 Individual Medley	1:14.07	1:14.10	294	29/11/20	The Island Swimming Championships	St Sampsons High	SE201193	3