

Individual Best Times (All Time)

Luke Critchlow - (1158745) - Stockport Metro SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.61	26.80	434	25/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	NE200004	1
100 Freestyle	57.88	56.40	530	24/07/21	North West Summer Festival of Swimming	Manchester	NW210291	1
200 Freestyle	2:00.45	1:57.50	607	07/05/22	Swansea Aquatics Long Course Open Meet 2022	Swansea	WL220093	1
400 Freestyle	4:11.42	4:05.80	670	05/04/22	British Championships 2022	Sheffield	BSW020	1
800 Freestyle	8:40.08	8:28.90	656	07/05/22	Swansea Aquatics Long Course Open Meet 2022	Swansea	WL220093	1
1500 Freestyle	16:38.89	16:18.10	663	07/04/22	British Championships 2022	Sheffield	BSW020	1
50 Breaststroke	37.40	36.50	334	12/05/19	2019 SENW Summer Championships	Manchester	NW190233	1
100 Breaststroke	1:35.52	1:34.20	211	17/12/16	City of Leeds Christmas Meet 2016	Leeds	NE160162	3
200 Breaststroke	3:16.92	3:14.20	258	17/12/16	City of Leeds Christmas Meet 2016	Leeds	NE160162	3
50 Butterfly	29.04	28.40	450	12/01/20	City of Derby Eighteenth LC L1 Open Meet 2020	Sheffield	EM200101	1
100 Butterfly	59.84	58.60	564	11/02/23	Middle East Junior and Open Championships 2023	Hamdan	GBR1912	1
200 Butterfly	2:11.29	2:08.90	593	06/04/22	British Championships 2022	Sheffield	BSW020	1
50 Backstroke	33.31	32.70	353	26/01/20	Chester le Street & Derwentside Burns Meet 2020	Sheffield	NE200004	1
100 Backstroke	1:20.63	1:19.60	262	02/04/17	Stockport Metro Qualifying Window Meet	Stockport	NW170111	1
200 Backstroke	2:38.69	2:36.60	350	27/05/18	2018 SENW Summer Championships	Manchester	NW180834	1
200 Individual Medley	2:16.92	2:14.00	577	07/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1
400 Individual Medley	4:49.64	4:43.50	586	05/08/22	Swim England National Summer Meet 2022	Sheffield	ENG024	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.64	27.40	433	13/07/22	Stockport Metro Wolfpack Series	Stockport	NW220091	4
100 Freestyle	55.97	57.40	514	06/11/21	NW Winter Regional Swimming Championships (25m)	Manchester	NW211011	2
200 Freestyle	1:57.70	2:00.60	601	05/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
400 Freestyle	4:07.96	4:13.50	627	03/12/21	Swim England National Winter Championships (25m)	Sheffield	ENG020	2
800 Freestyle	8:29.59	8:40.80	658	02/12/22	National Winter Championships 2022	Sheffield	ENG027	2
1500 Freestyle	16:20.05	16:40.80	645	06/11/22	SE NW Winter Regional Swimming Championships	Liverpool	NW221980	2
50 Breaststroke	36.55	37.40	318	20/01/19	Cheshire County Championships 2019	Macclesfield	NW190170	2
100 Breaststroke	1:18.00	1:19.60	355	29/06/22	Stockport Metro Wolfpack Series	Stockport	NW220090	4
200 Breaststroke	2:59.12	3:02.00	301	17/09/18	Stockport Metro Club Championships 2018	Stockport	NW181778	4
50 Butterfly	27.92	28.60	472	27/10/21	Stockport Metro Wolfpack Series	Stockport	NW211332	4
100 Butterfly	58.85	1:00.10	535	06/11/22	SE NW Winter Regional Swimming Championships	Liverpool	NW221980	2
200 Butterfly	2:09.76	2:12.20	558	19/11/22	Stockport Metro November Short Course Open Meet 22	Stockport	NW220396	2
50 Backstroke	33.89	34.50	277	19/01/19	Cheshire County Championships 2019	Macclesfield	NW190170	2
100 Backstroke	1:10.16	1:11.30	326	19/01/19	Cheshire County Championships 2019	Macclesfield	NW190170	2
200 Backstroke	2:32.83	2:35.00	330	17/09/19	SM Club Championships 2019	Stockport	NW192538	4
200 Individual Medley	2:15.11	2:18.00	534	20/11/21	Stockport Metro November SC Open Meet 2021	Stockport	NW211315	2
400 Individual Medley	4:41.26	4:47.40	581	05/11/22	SE NW Winter Regional Swimming Championships	Liverpool	NW221980	2
100 Individual Medley	1:05.63	1:05.60	423	13/09/22	Stockport Metro Cub Champs 2022	Stockport	NW222000	4