

Individual Best Times (All Time)

Iona Macmillan - (1158608) - Slough Dolphin Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	45.36	45.80	129	16/05/15	Windsor Level 3 Meet	Maidenhead	SE150556	3
100 Freestyle	1:55.73	1:56.50	81	17/05/14	Windsor SC Level 3 Open Meet	Maidenhead	SE4430	3
50 Breaststroke	59.85	1:00.40	106	18/10/14	Windsor Mini Meet	Windsor	SE14473	4
100 Breaststroke	2:03.09	2:04.10	130	06/12/14	Windsor Level 3 Open Meet	Maidenhead	SE14332	3
50 Butterfly	53.36	53.70	95	18/10/14	Windsor Mini Meet	Windsor	SE14473	4
50 Backstroke	46.69	47.10	158	16/05/15	Windsor Level 3 Meet	Maidenhead	SE150556	3
100 Backstroke	1:49.25	1:50.00	126	06/12/14	Windsor Level 3 Open Meet	Maidenhead	SE14332	3
100 Individual Medley	2:01.64	2:01.60	100	17/05/14	Windsor SC Level 3 Open Meet	Maidenhead	SE4430	3