

Individual Best Times (All Time)

Sophie Lovett - (1157745) - Newham & University of East Lond

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.80	33.20	340	06/02/16	Essex Age Group Championships 2016	London	ER160003	1
50 Breaststroke	44.95	44.20	273	15/03/15	London Schools Championships 2015	Crystal Palace	LR150242	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.82	33.50	341	11/10/15	The Alan Mitchell Memorial County Qualifier	Thurrock	ER150249	3
100 Freestyle	1:16.51	1:17.60	283	13/12/15	Thurrock Last Chance County Qualifier	Thurrock	ER150446	3
50 Breaststroke	43.60	44.30	275	13/12/15	Thurrock Last Chance County Qualifier	Thurrock	ER150446	3
100 Breaststroke	1:36.53	1:37.80	269	20/12/15	LBRSC Last Chance County Qualifying Meet 2015	Fullwell Cross	LR150757	3
200 Breaststroke	3:36.24	3:38.70	241	19/12/15	LBRSC Last Chance County Qualifying Meet 2015	Fullwell Cross	LR150757	3
50 Backstroke	40.77	41.30	237	13/12/15	Thurrock Last Chance County Qualifier	Thurrock	ER150446	3
100 Individual Medley	1:32.04	1:32.00	231	03/10/15	LBRSC Early County & Regional Qualifier	Fullwell Cross	LR150599	3