

# Individual Best Times (All Time)

Jacob Cole - (1157573) - Havant & Waterlooville SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.43	39.00	144	22/11/14	Peter Bull Open Meet	Waterlooville	SE14580	3
200 Freestyle	3:12.10	3:13.90	138	10/01/15	Havant & Waterlooville Club Championships	Waterlooville	SE150359	4
400 Freestyle	7:27.45	7:30.60	106	15/01/14	Havant & Waterlooville Club Championships	Waterlooville	SE4275	4
50 Breaststroke	56.99	57.50	83	22/06/14	Havant & Waterlooville Midsummer Open 2014	Waterlooville	SE4631	3
100 Breaststroke	2:14.47	2:15.40	69	17/01/15	Havant & Waterlooville Club Championships	Waterlooville	SE150360	4
200 Breaststroke	4:10.91	4:13.00	109	22/11/14	Peter Bull Open Meet	Waterlooville	SE14580	3
50 Butterfly	52.43	52.80	71	22/06/14	Havant & Waterlooville Midsummer Open 2014	Waterlooville	SE4631	3
50 Backstroke	44.68	45.10	121	23/11/14	Peter Bull Open Meet	Waterlooville	SE14580	3
200 Backstroke	3:33.37	3:34.90	121	17/01/15	Havant & Waterlooville Club Championships	Waterlooville	SE150360	4
200 Individual Medley	4:04.52	4:06.10	90	18/01/14	Havant & Waterlooville Club Championships	Waterlooville	SE4275	4
100 Individual Medley	1:41.05	1:41.10	115	17/01/15	Havant & Waterlooville Club Championships	Waterlooville	SE150360	4