

Individual Best Times (All Time)

Sebastian John - (1157517) - Hatfield SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.36	30.70	296	13/05/17	Team Luton May Long Course Meet 2017	Luton	ER170349	1
200 Freestyle	3:18.14	3:16.40	136	05/07/14	Bishop Stortford End of Season Open Meet	Luton	ER4530	3
50 Breaststroke	54.59	54.00	107	05/07/14	Bishop Stortford End of Season Open Meet	Luton	ER4530	3
50 Butterfly	36.15	35.60	233	14/05/17	Team Luton May Long Course Meet 2017	Luton	ER170349	1
50 Backstroke	35.75	35.20	285	13/05/17	Team Luton May Long Course Meet 2017	Luton	ER170349	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.04	29.80	334	03/12/17	HATFIELD XMAS MEET 2017	HERTFORDSHIRE	ER172328	3
100 Freestyle	1:04.71	1:06.00	332	03/12/17	HATFIELD XMAS MEET 2017	HERTFORDSHIRE	ER172328	3
200 Freestyle	2:50.37	2:52.40	198	28/11/15	Hatfield SC Winter Gala 2015	Hatfield	ER152040	3
50 Breaststroke	36.92	37.80	308	02/12/17	HATFIELD XMAS MEET 2017	HERTFORDSHIRE	ER172328	3
50 Butterfly	32.53	33.10	298	02/12/17	HATFIELD XMAS MEET 2017	HERTFORDSHIRE	ER172328	3
100 Butterfly	2:00.91	2:01.50	61	21/09/14	Hatfield Club Championships	Hatfield	ER14123	4
50 Backstroke	32.73	33.30	308	18/11/17	Team Luton November Short Course Meet	Luton	ER172383	3
100 Backstroke	1:13.99	1:15.10	278	02/12/17	HATFIELD XMAS MEET 2017	HERTFORDSHIRE	ER172328	3
200 Backstroke	3:12.14	3:13.90	166	22/03/15	Hertfordshire County Championships	Borehamwood	CC150273	2
200 Individual Medley	3:13.57	3:15.60	181	28/11/15	Hatfield SC Winter Gala 2015	Hatfield	ER152040	3
100 Individual Medley	1:24.54	1:24.50	198	26/01/16	Hertfordshire County Championships	Borehamwood	ER160308	2