

Individual Best Times (All Time)

Frederick Chapman - (1156885) - Hertford SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.25	37.80	158	21/06/16	Hertford Club Championships	Hailybury	ER160861	4
200 Freestyle	3:15.10	3:16.90	132	19/06/16	Hertford Club Championships	Hailybury	ER160859	4
50 Breaststroke	48.67	49.30	134	23/04/16	Stevenage Invitational Development Meet 2016	Stevenage	ER160317	4
100 Breaststroke	1:51.86	1:53.00	120	31/10/15	Cheshunt Open Meet	Harlow	ER150304	3
200 Breaststroke	3:58.41	4:00.60	128	21/03/15	Hertfordshire County Championships	Borehamwood	CC150273	2
50 Butterfly	48.96	49.30	87	26/06/16	Hertford Club Championships	Hailybury	ER160860	4
50 Backstroke	45.66	46.10	113	26/06/16	Hertford Club Championships	Hailybury	ER160860	4
200 Individual Medley	3:31.21	3:33.10	139	21/06/16	Hertford Club Championships	Hailybury	ER160861	4
100 Individual Medley	1:38.08	1:38.10	126	26/06/16	Hertford Club Championships	Hailybury	ER160860	4