Individual Best Times (All Time)

Samuel Clark - (1156495) - Staines Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.91	35.50	192	17/06/18	Staines Club Championships 2018	Spelthorne LC	SE181702	4
100 Freestyle	1:32.10	1:33.00	115	21/09/15	Staines Club Championships 2015	Spelthorne	SE151740	4
200 Freestyle	2:43.75	2:45.90	223	17/06/18	Staines Club Championships 2018	Spelthorne LC	SE181702	4
400 Freestyle	5:49.06	5:53.10	224	16/06/18	Staines Club Championships 2018	Spelthorne LC	SE181702	4
50 Breaststroke	1:01.90	1:02.40	65	14/03/15	MCASA Spring Development Meet	Enfield	LR150434	3
50 Backstroke	55.32	55.70	63	28/09/14	Staines Club Championships	Staines	SE14368	4
200 Backstroke	4:23.72	4:25.00	64	25/09/13	Staines Club Championships	Elmbridge	SE3674	4
100 Individual Medley	2:01.50	2:01.50	66	22/11/14	Staines Club Championships	Staines	SE14373	4