

Individual Best Times (All Time)

Millie Hewitt - (1155587) - Hillingdon Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.63	34.00	316	08/01/17	BWFSC L3 New Year Meet	London Aquatics Cent	LR170193	3
200 Freestyle	3:31.47	3:29.80	151	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
50 Breaststroke	1:01.71	1:01.20	105	21/09/14	Hillingdon Autumn Open Meet	Hillingdon	LR4402	3
100 Breaststroke	1:54.26	1:53.10	176	08/01/17	BWFSC L3 New Year Meet	London Aquatics Cent	LR170193	3
50 Butterfly	46.28	45.90	147	08/01/17	BWFSC L3 New Year Meet	London Aquatics Cent	LR170193	3
100 Backstroke	1:33.48	1:32.60	230	08/01/17	BWFSC L3 New Year Meet	London Aquatics Cent	LR170193	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.07	35.70	279	04/12/16	Ealing December Christmas L3 Open Meet	Northolt	LR161086	3
100 Freestyle	1:15.08	1:16.20	299	15/10/17	RNSS House Club Champs 2017	Northwood	LR170545	4
200 Freestyle	2:44.09	2:46.20	303	28/05/17	RNSS House Club Champs 2017	Northwood	LR170542	4
400 Freestyle	6:37.97	6:41.50	196	14/06/15	Hillingdon RNSS House Club Champs	Northwood	LR150685	4
50 Breaststroke	55.28	55.80	135	01/11/15	Hillingdon RNSS House Club Champs	Uxbridge	LR150687	4
100 Breaststroke	1:49.59	1:50.70	184	30/10/16	RNSS House Club Champs	Uxbridge	LR161297	4
50 Butterfly	50.12	50.50	115	11/10/15	Hillingdon Autumn Short Course Meet 2015	Hillingdon	LR151546	3
50 Backstroke	44.17	44.60	186	01/11/15	Hillingdon RNSS House Club Champs	Uxbridge	LR150687	4
100 Backstroke	1:22.50	1:23.50	294	15/10/17	RNSS House Club Champs 2017	Northwood	LR170545	4
200 Backstroke	2:59.69	3:01.50	290	09/07/17	RNSS House Club Champs 2017	Northwood	LR170544	4
400 Individual Medley	7:59.59	8:03.30	157	14/10/15	Hillingdon RNSS House Club Champs	Northwood	LR150686	4
100 Individual Medley	1:32.86	1:32.90	225	04/12/16	Ealing December Christmas L3 Open Meet	Northolt	LR161086	3