

Individual Best Times (All Time)

Leila Prendergast - (1154924) - Wrexham Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.45	33.80	321	15/01/17	16th City of Derby Long Course Open Meet	Sheffield	EM170105	1
100 Freestyle	1:20.82	1:19.80	261	24/04/16	City of Leeds National Qualifying Meet 2016	Leeds	NE160164	1
200 Freestyle	2:53.88	2:51.90	273	23/04/16	City of Leeds National Qualifying Meet 2016	Leeds	NE160164	1
400 Freestyle	6:02.90	5:59.00	272	24/04/16	City of Leeds National Qualifying Meet 2016	Leeds	NE160164	1
50 Breaststroke	41.03	40.30	358	15/01/17	16th City of Derby Long Course Open Meet	Sheffield	EM170105	1
100 Breaststroke	1:30.86	1:29.50	351	03/08/16	Swim Wales Summer Nationals	Swansea	WL160020	1
200 Breaststroke	3:14.48	3:11.70	353	02/04/18	Swim Wales LC Championships	Swansea	WL180090	1
50 Butterfly	46.67	46.30	143	20/12/15	City of Leeds Christmas Meet 2015	Leeds	NE150109	3
50 Backstroke	42.97	42.50	244	23/04/16	City of Leeds National Qualifying Meet 2016	Leeds	NE160164	1
100 Backstroke	1:29.37	1:28.50	263	24/04/16	City of Leeds National Qualifying Meet 2016	Leeds	NE160164	1
200 Backstroke	2:57.03	2:55.10	336	15/01/17	16th City of Derby Long Course Open Meet	Sheffield	EM170105	1
200 Individual Medley	2:59.75	2:57.50	345	14/01/17	16th City of Derby Long Course Open Meet	Sheffield	EM170105	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.94	32.60	370	06/02/18	SW North Regional Championships	Llandudno	WL180044	2
100 Freestyle	1:09.00	1:10.20	386	04/02/18	SW North Regional Championships	Llandudno	WL180044	2
200 Freestyle	2:29.82	2:32.10	399	25/11/17	Swim Wales North Sub Regional Championships	Llandudno	WL170080	3
400 Freestyle	5:16.62	5:21.00	389	26/11/17	Swim Wales North Sub Regional Championships	Llandudno	WL170080	3
800 Freestyle	10:52.18	11:01.00	392	24/11/17	Swim Wales North Sub Regional Championships	Llandudno	WL170080	3
50 Breaststroke	39.60	40.40	367	16/10/16	Conwy County Aquatics Autumn Meet	Llandudno	WL161655	2
100 Breaststroke	1:23.58	1:25.10	415	10/06/18	Wrexham Cath Ankers Meet 2018	Wrexham	WL181326	3
200 Breaststroke	3:03.30	3:06.20	395	06/02/18	SW North Regional Championships	Llandudno	WL180044	2
50 Butterfly	35.56	36.10	322	07/02/18	SW North Regional Championships	Llandudno	WL180044	2
100 Butterfly	1:27.75	1:28.60	233	18/03/18	Wrexham Crystal Meet 2018	Wrexham	WL180835	3
50 Backstroke	37.54	38.10	304	29/04/17	Wrexham 14th Spring Meet	Wrexham	WL170791	3
100 Backstroke	1:14.60	1:15.70	398	10/06/18	Wrexham Cath Ankers Meet 2018	Wrexham	WL181326	3
200 Backstroke	2:38.19	2:40.30	425	04/02/18	SW North Regional Championships	Llandudno	WL180044	2
200 Individual Medley	2:45.84	2:48.20	396	06/02/18	SW North Regional Championships	Llandudno	WL180044	2
400 Individual Medley	5:54.93	5:59.90	388	25/11/17	Swim Wales North Sub Regional Championships	Llandudno	WL170080	3
100 Individual Medley	1:19.87	1:19.90	354	19/03/17	Wrexham Crystal Meet 2017	Wrexham	WL170599	3