

Individual Best Times (All Time)

James Shackleton - (1154767) - Skipton Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.58	26.80	435	23/02/19	Yorkshire County Championships	Sheffield	NE190129	1
100 Freestyle	1:06.06	1:04.80	356	13/02/16	Yorkshire County Championships	Leeds	NE160069	1
50 Breaststroke	34.35	33.40	431	04/05/19	Swim England North East Region Championships (50)	Sheffield	NE190135	1
100 Breaststroke	1:25.72	1:24.20	292	06/06/15	ASA North East Regional Age Group Championships	Sheffield	NE151023	1
200 Breaststroke	3:14.76	3:12.00	267	14/06/15	ASA North East Regional Age Group Championships	Sheffield	NE151024	1
50 Butterfly	31.22	30.60	362	23/02/19	Yorkshire County Championships	Sheffield	NE190129	1
50 Backstroke	39.06	38.50	219	12/04/14	Sports Aid Open Meet 2014	Leeds	NE4126	1
100 Backstroke	1:28.44	1:27.50	198	22/02/15	Yorkshire County Championships	Leeds	NE150623	1
200 Individual Medley	3:03.00	3:00.80	241	21/12/14	CO Manchester Aquatics Manchester Snow'pen	Manchester	NW4452	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.13	27.90	410	20/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
100 Freestyle	1:05.01	1:06.30	328	06/12/15	Derwentside Christmas Cracker	Stanley	NE150753	3
200 Freestyle	2:24.25	2:26.60	326	06/12/15	Derwentside Christmas Cracker	Stanley	NE150753	3
400 Freestyle	5:04.93	5:09.50	337	04/07/15	Harrogate Summer A Grade Meet	Harrogate	NE151003	3
50 Breaststroke	34.18	35.10	388	03/11/18	Swim England North East Region Championships (25)	Sheffield	NE182208	2
100 Breaststroke	1:17.78	1:19.40	359	04/11/18	Swim England North East Region Championships (25)	Sheffield	NE182208	2
200 Breaststroke	3:05.13	3:08.00	273	26/04/15	Harrogate District Spa Town Meet	Harrogate	NE150215	3
50 Butterfly	29.81	30.40	388	21/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
100 Butterfly	1:13.95	1:15.00	269	01/09/18	Skipton Club Gala 2018	Skipton	NE181713	4
50 Backstroke	34.90	35.50	254	06/12/15	Derwentside Christmas Cracker	Stanley	NE150753	3
100 Backstroke	1:21.90	1:22.90	205	19/07/15	City of Bradford SC End of Season Meet Level 3	Shipley	NE150916	3
200 Backstroke	3:45.84	3:47.30	102	30/09/13	Harrogate District Club Championships	Harrogate	NE3914	4
200 Individual Medley	2:45.95	2:48.30	288	26/04/15	Harrogate District Spa Town Meet	Harrogate	NE150215	3
400 Individual Medley	6:09.78	6:14.50	256	14/09/15	Harrogate District Club Championships	Harrogate	NE152045	4
100 Individual Medley	1:10.81	1:10.80	337	16/06/18	Harrogate Summer A Grade Meet	Harrogate	NE180138	3