

Individual Best Times (All Time)

Sarah Boswell - (1154467) - Potters Bar SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	48.73	49.20	104	04/10/14	Potters Bar Club Championships	Potters Bar	ER4495	4
100 Freestyle	1:35.38	1:36.30	146	26/09/15	Potters Bar Club Championships	Potters Bar	ER151655	4
200 Freestyle	4:22.10	4:23.40	74	29/09/13	Potters Bar SC Club Championships 2013	Potters Bar	ER3305	4
50 Breaststroke	1:11.75	1:12.20	61	28/09/13	Potters Bar SC Club Championships 2013	Potters Bar	ER3305	4
50 Backstroke	58.85	59.20	78	04/10/13	Potters Bar SC Club Championships 2013	Potters Bar	ER3305	4