

Individual Best Times (All Time)

Ellie Middleton - (1154187) - City of Derby Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.20	29.50	477	03/12/17	Derbyshire ASA Long Course Competition 2017	Sheffield	EM171919	3
100 Freestyle	1:04.38	1:03.10	518	20/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	EM180093	1
200 Freestyle	2:20.68	2:18.20	516	19/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	EM180093	1
50 Breaststroke	36.13	35.20	525	20/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	EM180093	1
100 Breaststroke	1:24.13	1:22.60	442	19/05/18	Nova Centurion May Level 1 LC Open Meet	Nottingham	EM180093	1
200 Breaststroke	3:25.18	3:22.60	301	28/11/15	City of Coventry November Open Meet 2015	Coventry	WM151645	3
50 Butterfly	33.22	32.60	397	13/05/17	Nova Centurion May Level 1 LC Open Meet	Nottingham	EM170343	1
50 Backstroke	37.39	36.80	370	04/12/16	Derbyshire ASA 2016 Long Course Competition	Sheffield	EM161371	3
200 Individual Medley	2:43.52	2:41.10	458	14/05/17	Nova Centurion May Level 1 LC Open Meet	Nottingham	EM170343	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.92	30.60	450	21/11/16	The Leicester Open	Braunstone	EM161964	2
100 Freestyle	1:03.45	1:04.80	496	25/02/18	Derbyshire ASA County Championships 2018	Matlock	EM180370	2
200 Freestyle	2:15.98	2:18.50	533	17/02/18	Derbyshire ASA County Championships 2018	Matlock	EM180369	2
400 Freestyle	5:02.55	5:07.20	446	07/04/17	The 2017 Leicester Age Group Meet	Braunstone	EM170639	3
50 Breaststroke	36.15	37.00	483	18/02/18	Derbyshire ASA County Championships 2018	Matlock	EM180369	2
100 Breaststroke	1:22.18	1:23.70	436	19/02/17	Derbys ASA 2017 County, Youth & Age Group Champs	Matlock	EM170435	2
200 Breaststroke	3:10.87	3:13.60	350	27/02/16	Derbyshire 2016 County, Youth and Age Group Champs	Matlock	EM160267	2
50 Butterfly	33.31	33.90	392	25/03/17	Thirty Fourth City of Derby Short Course Open Meet	Derby	EM170637	3
100 Butterfly	1:24.95	1:25.80	257	27/03/16	Thirty Third City of Derby Licensed SC Open Meet	Derby	EM160557	3
50 Backstroke	38.90	39.40	273	27/02/16	Derbyshire 2016 County, Youth and Age Group Champs	Matlock	EM160267	2
100 Backstroke	1:21.56	1:22.50	304	25/09/16	City of Derby Club Championships 2016	Derby	EM161867	4
200 Backstroke	2:54.64	2:56.50	315	19/07/15	Chesterfield Summer Splash Level 3 Open Meet	Chesterfield	EM150973	3
200 Individual Medley	2:37.65	2:40.10	461	18/02/18	Derbyshire ASA County Championships 2018	Matlock	EM180369	2
100 Individual Medley	1:12.95	1:13.00	464	17/02/18	Derbyshire ASA County Championships 2018	Matlock	EM180369	2