

Individual Best Times (All Time)

Yasser Hassan - (1154117) - Brompton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	25.69	24.90	539	14/01/23	Middlesex County Championships 2023	London	LR230079	1
100 Freestyle	54.12	52.60	649	27/04/24	SE London Region Summer Championships 2024	London	LR240710	1
200 Freestyle	1:58.18	1:55.20	642	12/03/23	Derwentio eXcel Early March Meet 2023	Sheffield	EM230151	1
400 Freestyle	4:17.03	4:11.50	627	26/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	NE230349	1
800 Freestyle	9:19.01	9:08.60	529	25/03/23	Rushmoor Royals SC Spring Open Meet 2023	Aldershot	SE230477	3
50 Breaststroke	36.64	35.80	355	23/02/19	Surrey Age Group Championships 2019	London	LR190271	1
50 Butterfly	26.44	25.70	597	22/07/23	Winchester City Penguins Summer Scorcher 2023	Winchester	SE231199	3
100 Butterfly	1:00.43	59.20	547	23/07/23	Winchester City Penguins Summer Scorcher 2023	Winchester	SE231199	3
50 Backstroke	32.32	31.70	386	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	LR180781	1
100 Backstroke	1:09.28	1:08.10	413	27/07/19	NUEL Non National Qualifiers Meet 2019	London Aquatic	LR191609	3
200 Backstroke	2:24.26	2:21.90	466	06/05/19	London 2019 Long Course Summer Championships	London Aquatics Cnt	LR191253	1
200 Individual Medley	2:15.74	2:12.80	592	26/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	NE230349	1
400 Individual Medley	5:14.40	5:08.80	458	10/02/19	Surrey Age Group Championships 2019	London	LR190270	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.60	26.40	488	04/11/23	SE London Winter Championships 2023	Stratford	LR231947	2
100 Freestyle	55.07	56.60	539	04/11/23	SE London Winter Championships 2023	Stratford	LR231947	2
200 Freestyle	1:57.99	2:00.90	597	17/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
400 Freestyle	4:16.27	4:21.70	568	01/12/19	ESC Xmas County Qualifier	Northolt LC	LR192057	3
50 Breaststroke	36.76	37.60	312	29/09/18	WSC Club Championships 2018	Dulwich	LR181957	4
100 Breaststroke	1:31.87	1:33.20	217	07/10/17	Wandsworth Club Championships	Epsom	LR171745	4
200 Breaststroke	3:16.68	3:19.40	228	23/09/17	Wandsworth Club Championships	Dulwich	LR171744	4
50 Butterfly	28.05	28.70	466	04/11/23	SE London Winter Championships 2023	Stratford	LR231947	2
100 Butterfly	1:03.78	1:05.00	420	11/11/23	National Arena Swimming League - London 2023	Hatfield	ER231480	3
50 Backstroke	31.49	32.10	346	29/09/18	WSC Club Championships 2018	Dulwich	LR181957	4
100 Backstroke	1:07.21	1:08.40	371	03/11/18	2018 London Swimming Regional Winter Champs	London	LR182146	2
200 Backstroke	2:19.37	2:21.70	435	17/11/19	Brompton Winter Club Championship Meet	Fulham Pools	LR193129	4
200 Individual Medley	2:15.91	2:18.80	524	19/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
400 Individual Medley	5:11.95	5:17.50	426	05/01/19	The Royals New Year Meet 2019	Walton-on-Thames	LR190174	3
100 Individual Medley	1:16.77	1:16.80	264	21/10/17	Wandsworth Club Championships	Epsom	LR171746	4