

Individual Best Times (All Time)

Lily Harding - (1154114) - Cranleigh SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.19	31.50	394	23/02/19	Surrey Age Group Championships 2019	London	LR190271	1
100 Freestyle	1:11.00	1:09.80	386	17/03/19	Atlantis Regional Chaser 2019	Crawley	SE190154	3
50 Butterfly	32.66	32.10	418	28/02/20	Surrey Age Group Championships 2020	London	LR200261	1
50 Backstroke	36.13	35.60	410	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Backstroke	1:23.97	1:23.00	318	18/03/18	Atlantis Regional-National Chaser Open Meet	Crawley	SE180295	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.63	32.30	380	15/03/20	Cranleigh ASC March 2020 Open Meet	Cranleigh	SE200104	3
100 Freestyle	1:09.37	1:10.60	380	04/03/18	Cranleigh ASC Spring Meet	Cranleigh	SE180635	3
200 Freestyle	2:33.59	2:35.80	370	23/09/18	Littlehampton S.C. County Qualifier Meet 2018	Bognor Regis	SE180849	3
400 Freestyle	5:22.06	5:26.40	370	01/07/18	Cranleigh June July Club Champs - 400m	Cranleigh	SE181650	4
50 Breaststroke	44.74	45.40	254	11/06/17	Cranleigh ASC County Chaser Open Meet	Cranleigh	SE170916	3
200 Breaststroke	3:57.96	4:00.20	180	03/10/15	Wandsworth SC Club Championships 2015	Epsom	LR151826	4
50 Butterfly	33.65	34.20	380	19/05/19	Cranleigh ASC Summer Meet	Cranleigh	SE191396	3
100 Butterfly	1:18.19	1:19.20	330	01/12/19	Cranleigh Oct - Dec 2019 Club Champs	Cranleigh	SE192457	4
50 Backstroke	35.16	35.70	370	19/05/19	Cranleigh ASC Summer Meet	Cranleigh	SE191396	3
100 Backstroke	1:17.65	1:18.70	353	05/11/17	Dorking Open Meet	Dorking	SE171587	3
200 Backstroke	2:53.83	2:55.70	320	15/10/17	Cranleigh ASC Autumn Open Meet	Cranleigh	SE172010	3
200 Individual Medley	2:55.13	2:57.40	336	26/11/17	Cranleigh Club Championships	Cranleigh	SE170289	4
400 Individual Medley	6:17.85	6:22.50	321	29/06/18	Cranleigh June July Club Champs - 400m	Cranleigh	SE181650	4
100 Individual Medley	1:19.57	1:19.60	358	19/05/19	Cranleigh ASC Summer Meet	Cranleigh	SE191396	3