

# Individual Best Times (All Time)

Sebastian Ward - (1153778) - City of Newcastle-Upon-Tyne SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.44	39.00	144	19/01/14	Newburn New Year Graded Meet	Stanley	NE4304	3
200 Freestyle	3:18.47	3:20.20	125	19/01/14	Newburn New Year Graded Meet	Stanley	NE4304	3
50 Backstroke	44.82	45.30	120	19/01/14	Newburn New Year Graded Meet	Stanley	NE4304	3
200 Individual Medley	3:52.86	3:54.60	104	19/01/14	Newburn New Year Graded Meet	Stanley	NE4304	3