

Individual Best Times (All Time)

Lucy Steele - (1153504) - Poole SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.84	31.20	407	26/03/22	The Winchester Spring Qualifier	Winchester	SE220339	1
100 Freestyle	1:08.11	1:06.90	437	25/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1
200 Freestyle	2:27.41	2:25.00	448	15/03/20	Millfield & Team Bath AS L1 National Qualifier	Millfield School	SW200510	1
400 Freestyle	4:59.36	4:54.60	486	27/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1
800 Freestyle	10:22.62	10:13.30	472	29/03/18	Portsmouth Northsea Easter Meet	Mountbatten SC	SE180278	1
1500 Freestyle	19:43.85	19:26.30	470	22/03/19	Millfield Street Super Series (LC)	Millfield	SW190330	1
50 Breaststroke	36.89	36.00	493	26/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1
100 Breaststroke	1:22.00	1:20.40	478	25/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1
200 Breaststroke	2:53.34	2:50.30	499	25/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1
50 Butterfly	33.41	32.80	390	26/03/22	The Winchester Spring Qualifier	Winchester	SE220339	1
50 Backstroke	41.34	40.90	274	10/04/16	City of Wells Open Meet	Millfield	SW160578	3
100 Backstroke	1:24.04	1:23.10	317	07/01/17	UBSC New Year L1 Open Meet	Bristol	SW170243	1
200 Backstroke	2:53.66	2:51.70	356	19/03/17	Millfield School Super Series (LC)	Millfield	SW170052	1
200 Individual Medley	2:41.34	2:38.90	477	21/04/19	Portsmouth Northsea Easter Meet	Mountbatten SC	SE190069	1
400 Individual Medley	5:41.61	5:36.40	471	26/05/19	Plymouth Leander National Qualifier L1 LC Open	Plymouth	SW191273	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.48	31.20	425	05/12/21	Portsmouth Northsea SC Christmas Meet 2021	Mountbatten Cen	SE210932	3
100 Freestyle	1:06.61	1:07.90	429	01/02/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200145	2
200 Freestyle	2:20.04	2:22.50	488	19/10/19	Millfield & Team Bath Super Series L2 SC Meet	Millfield	SW192671	2
400 Freestyle	4:52.35	4:57.10	495	07/07/19	2019 Dorset Development Competition	Bournemouth	SW190090	3
800 Freestyle	10:02.07	10:11.60	498	14/11/21	Poole SC Club Championships (Long Distance)	Poole	SW210920	4
1500 Freestyle	19:15.84	19:33.60	485	12/12/21	Poole SC Club Championships (Long Distance)	Poole	SW210921	4
50 Breaststroke	36.44	37.30	471	16/10/21	Team Bath AS TYR Super Series	Millfield	SW210423	2
100 Breaststroke	1:18.24	1:19.80	506	04/12/21	Portsmouth Northsea SC Christmas Meet 2021	Mountbatten Cen	SE210932	3
200 Breaststroke	2:48.86	2:52.00	506	17/02/19	Dorset 2019 Integrated Champs and Age Group Comp	Bournemouth	SW190089	2
50 Butterfly	33.40	34.00	388	16/01/22	Dorset County 2022 Championships & Age Group Comp	Littledown	SW220096	2
100 Butterfly	1:17.13	1:18.10	344	06/12/20	Poole Swimming Club	Rossmore LC	LEX695	0
200 Butterfly	2:50.67	2:52.50	344	20/05/21	Poole Swimming Club	Rossmore Leisure Cen	LEX2570	0
50 Backstroke	35.86	36.40	349	15/05/21	Poole Swimming Club	Rossmore Leisure Cen	LEX3101	0
100 Backstroke	1:17.81	1:18.80	351	02/02/20	Dorset 2020 Integrated Champs and Age Group Comp	Littledown	SW200145	2
200 Backstroke	2:42.32	2:44.40	393	26/10/19	Poole Season Starter Level 3 Meet	Dorchester	SW192390	3
200 Individual Medley	2:35.15	2:37.70	484	17/10/21	Team Bath AS TYR Super Series	Millfield	SW210423	2
400 Individual Medley	5:29.39	5:34.70	485	15/01/22	Dorset County 2022 Championships & Age Group Comp	Littledown	SW220096	2
100 Individual Medley	1:13.83	1:13.80	448	23/06/19	Poole SC 2019 Club Champs	Poole	SW191629	4