

Individual Best Times (All Time)

Adam Rice - (1152936) - Trowbridge ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	27.13	27.90	410	16/07/21	Trowbridge ASC Club Champs 2021	Trowbridge	SW210063	4
100 Freestyle	59.53	1:00.90	427	18/07/21	Trowbridge ASC Club Champs 2021	Trowbridge	SW210063	4
400 Freestyle	5:00.42	5:05.10	352	16/07/21	Trowbridge ASC Club Champs 2021	Trowbridge	SW210063	4
800 Freestyle	10:48.68	10:57.50	319	21/06/19	TASC 2019 Club Championships	Salford	SW190482	4
50 Breaststroke	36.71	37.60	313	08/12/19	Corsham Level 3 Open Meet	Corsham	SW191393	3
100 Breaststroke	1:28.80	1:30.20	241	09/12/18	Corsham Level 3 Open Meet	Corsham	SW181309	3
50 Butterfly	30.02	30.60	380	22/01/22	Wiltshire County Age Group & Championships 2022	Swindon	SW220066	2
100 Butterfly	1:11.20	1:12.30	302	18/07/21	Trowbridge ASC Club Champs 2021	Trowbridge	SW210063	4
50 Backstroke	32.93	33.50	302	07/12/19	Corsham Level 3 Open Meet	Corsham	SW191393	3
100 Backstroke	1:12.27	1:13.40	299	02/02/20	Wiltshire County Age Group & Championships 2020	Swindon	SW200129	2
200 Individual Medley	2:36.61	2:39.10	343	18/07/21	Trowbridge ASC Club Champs 2021	Trowbridge	SW210063	4
100 Individual Medley	1:09.94	1:09.90	349	16/07/21	Trowbridge ASC Club Champs 2021	Trowbridge	SW210063	4