

Individual Best Times (All Time)

Ashley Evered - (1152460) - Spenborough SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.81	30.10	450	25/11/17	City of Sheffield Snow Frills Meet	Sheffield	NE170317	3
100 Freestyle	1:07.58	1:06.30	447	25/11/17	City of Sheffield Snow Frills Meet	Sheffield	NE170317	3
200 Freestyle	2:29.50	2:27.20	430	12/03/17	Jorvik Spring Festival LC Meet	Leeds	NE170344	3
400 Freestyle	5:14.39	5:09.90	419	08/01/17	City of Leeds New Year Meet 2017	Leeds	NE170154	3
800 Freestyle	11:14.22	11:05.60	371	07/01/17	City of Leeds New Year Meet 2017	Leeds	NE170154	3
50 Breaststroke	39.95	39.20	388	23/02/19	Yorkshire County Championships	Sheffield	NE190129	1
100 Breaststroke	1:38.01	1:36.70	280	21/11/15	Sheffield City SC 27th Annual B Grade Sprints Meet	Sheffield	NE150784	3
50 Butterfly	33.51	32.90	387	01/07/18	City of Leeds Summer Meet 2018	Leeds	NE180078	3
100 Butterfly	1:22.49	1:21.60	304	11/03/18	Jorvik Spring Festival 2018	Leeds	NE180441	3
50 Backstroke	36.18	35.60	409	23/02/19	Yorkshire County Championships	Sheffield	NE190129	1
100 Backstroke	1:21.15	1:20.20	352	12/03/17	Jorvik Spring Festival LC Meet	Leeds	NE170344	3
200 Individual Medley	2:53.18	2:50.90	386	07/01/17	City of Leeds New Year Meet 2017	Leeds	NE170154	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.93	30.60	449	14/07/19	BOBSC 12th Annual Summer Sizzler	Leeds	NE191474	3
100 Freestyle	1:05.48	1:06.70	451	21/10/18	Yorkshire Winter Competition	Sheffield	NE182206	2
200 Freestyle	2:24.68	2:27.10	443	08/04/17	Harrogate District Spa Town A & B Grade Meet	Harrogate	NE170167	3
400 Freestyle	5:07.01	5:11.60	427	16/07/16	City of Bradford End of Season Meet	Shipley	NE160765	3
800 Freestyle	11:01.11	11:09.80	376	30/10/16	BOK Gran Prix Invitational Series	Huddersfield	NE162061	4
50 Breaststroke	38.82	39.60	390	14/07/19	BOBSC 12th Annual Summer Sizzler	Leeds	NE191474	3
100 Breaststroke	1:24.17	1:25.70	406	14/07/19	BOBSC 12th Annual Summer Sizzler	Leeds	NE191474	3
200 Breaststroke	3:02.93	3:05.80	398	11/07/19	Halifax Club Galas & Time Trials	Halifax	NE190558	4
50 Butterfly	32.86	33.40	408	08/07/18	City of Bradford 'Summer Sun' (A B Grade) Meet	Shipley Pool	NE181395	3
100 Butterfly	1:15.99	1:17.00	359	12/07/18	Halifax Club Galas 1-7 & Club 400m Time Trials	Halifax	NE180818	4
50 Backstroke	34.27	34.90	399	08/07/18	City of Bradford 'Summer Sun' (A B Grade) Meet	Shipley Pool	NE181395	3
100 Backstroke	1:16.57	1:17.60	368	09/07/17	City of Bradford 'Summer Sizzler' Meet 2017	Bradford	NE170998	3
200 Backstroke	2:50.00	2:52.00	342	22/06/17	Halifax Internal Club Galas	Halifax	NE170627	4
200 Individual Medley	2:42.61	2:45.00	420	24/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
400 Individual Medley	6:05.09	6:09.90	356	21/07/17	Halifax Club 400m Time Trials	Halifax	NE170729	4
100 Individual Medley	1:14.69	1:14.70	433	16/06/18	Team Jorvik Viking Spring 2018	Leeds	NE180994	3