

# Individual Best Times (All Time)

Kelly Bone - (1151444) - Sutton & Cheam SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.89	28.20	545	25/02/17	Surrey Age Group Championships	Crystal Palace	LR170178	1
100 Freestyle	1:02.72	1:01.40	560	11/02/18	Surrey Age Group Championships 2018	Surrey	LR180303	1
200 Freestyle	2:15.22	2:12.60	581	22/05/16	London Region Summer Age Grp Championships	Crystal Palace	LR160416	1
400 Freestyle	4:48.23	4:43.30	544	11/02/17	Surrey Age Group Championships	Guildford	LR170177	1
800 Freestyle	9:56.47	9:46.70	536	29/01/17	Surrey Age Group Championships	Guildford	LR170175	1
50 Breaststroke	36.63	35.80	504	26/02/17	Surrey Age Group Championships	Crystal Palace	LR170178	1
100 Breaststroke	1:26.09	1:24.60	413	13/01/18	Surrey Age Group Championships 2018	Surrey	LR180302	1
50 Butterfly	32.27	31.70	433	26/02/17	Surrey Age Group Championships	Crystal Palace	LR170178	1
100 Butterfly	1:21.83	1:20.90	311	11/04/15	Bexley Long Course Open Meet	Crystal Palace	LR150015	1
50 Backstroke	32.94	32.30	542	17/02/18	Surrey Age Group Championships 2018	Surrey	LR180304	1
100 Backstroke	1:07.10	1:05.90	623	05/08/17	Swim England National Summer Meet (50m)	Sheffield	ENG001	1
200 Backstroke	2:24.44	2:22.10	619	01/05/17	2017 London Swimming Regional Youth Championships	Stratford	LR170800	1
200 Individual Medley	2:30.21	2:27.60	591	11/02/18	Surrey Age Group Championships 2018	Surrey	LR180303	1
400 Individual Medley	5:25.23	5:19.80	546	12/02/17	Surrey Age Group Championships	Guildford	LR170177	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.51	29.20	520	10/12/17	S7C Santa's Splash & Dash 2017	Westcroft LC	LR171510	4
100 Freestyle	1:00.86	1:02.20	562	12/11/17	Sutton & Cheam Club Championships	Carshalton	LR171340	4
200 Freestyle	2:14.18	2:16.70	555	10/07/16	Sutton & Cheam Summertime Splash	Carshalton	LR161124	3
400 Freestyle	4:38.78	4:43.80	571	15/10/17	Sutton & Cheam Club Championships	Carshalton	LR171339	4
800 Freestyle	9:40.34	9:50.20	556	08/12/16	Sutton & Cheam Club Championships 2016	Kingswood	LR161836	4
50 Breaststroke	35.77	36.60	498	10/12/17	S7C Santa's Splash & Dash 2017	Westcroft LC	LR171510	4
100 Breaststroke	1:18.16	1:19.80	507	17/12/17	LBS Borough Championships	Westcroft Leisure	LR171955	4
50 Butterfly	31.05	31.70	484	10/12/17	S7C Santa's Splash & Dash 2017	Westcroft LC	LR171510	4
100 Butterfly	1:12.36	1:13.40	416	10/12/16	NASLS - Round 3	Horsham	SE162559	3
50 Backstroke	32.07	32.70	488	19/11/17	Guildford City L2 Winter Meet	Guildford	SE171847	2
100 Backstroke	1:05.37	1:06.60	592	15/07/17	Sutton & Cheam Summertime Splash 2017	Carshalton	LR170533	3
200 Backstroke	2:16.93	2:19.30	655	16/12/17	LBS Borough Championships	Westcroft Leisure	LR171955	4
200 Individual Medley	2:25.34	2:28.00	589	17/12/17	LBS Borough Championships	Westcroft Leisure	LR171955	4
400 Individual Medley	5:15.30	5:20.80	553	13/11/16	Sutton & Cheam Club Championships 2016	Kingswood	LR161835	4
100 Individual Medley	1:11.11	1:11.10	501	14/02/16	Surrey County Age Group Championships 2016	Guildford	LR160383	2