

Individual Best Times (All Time)

Sophia Lubiecki - (1150521) - City of Leeds SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.24	30.60	431	24/09/17	City of Sheffield 35th Annual Teaspoon Meet	Sheffield	NE170251	3
100 Freestyle	1:09.81	1:08.60	406	25/11/17	City of Sheffield Snow Frills Meet	Sheffield	NE170317	3
200 Freestyle	2:34.75	2:32.50	387	09/04/17	Richmond Dales April Fool Gala	Leeds	NE170269	1
50 Breaststroke	40.49	39.70	373	19/11/16	Glyn Mettam Memorial B Grade Open Meet	Sheffield	NE160856	3
100 Breaststroke	1:28.29	1:26.80	383	09/04/17	Richmond Dales April Fool Gala	Leeds	NE170269	1
200 Breaststroke	3:06.44	3:03.60	401	18/12/16	City of Leeds Christmas Meet 2016	Leeds	NE160162	3
50 Butterfly	35.08	34.50	337	30/06/19	City of Leeds Summer Meet 2019	Leeds	NE190131	3
50 Backstroke	39.97	39.50	303	25/09/16	City of Sheffield Swim Squad 34th Annual Teaspoon	Sheffield	NE160268	3
100 Backstroke	1:35.09	1:34.20	219	03/01/15	City of Leeds New Year Meet 2015	Leeds	NE150106	3
200 Individual Medley	2:53.51	2:51.20	384	17/12/16	City of Leeds Christmas Meet 2016	Leeds	NE160162	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.87	31.50	409	17/12/17	City of Leeds Xmas Meet 2017	Leeds	NE171857	3
100 Freestyle	1:07.82	1:09.00	406	11/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	NE170165	3
200 Freestyle	2:28.89	2:31.20	406	11/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	NE170165	3
400 Freestyle	5:38.25	5:42.40	319	22/12/20	City of Leeds	John Charles	LEX873	0
50 Breaststroke	39.34	40.10	375	11/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	NE170165	3
100 Breaststroke	1:25.39	1:26.90	389	25/06/17	City of Leeds Summer Meet 2017	Leeds	NE170157	3
200 Breaststroke	3:00.71	3:03.60	412	10/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	NE170165	3
50 Butterfly	34.97	35.50	338	10/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	NE170165	3
100 Butterfly	1:20.18	1:21.10	306	19/12/20	City of Leeds	John Charles Aquatic	LEX861	0
200 Butterfly	3:13.62	3:15.20	235	19/12/20	City of Leeds	Morley Leisure	LEX806	0
50 Backstroke	39.04	39.60	270	19/12/20	City of Leeds	John Charles Aquatic	LEX861	0
100 Backstroke	1:27.54	1:28.50	246	05/06/16	Doncaster Darts B Grade Meet	Adwick	NE160429	3
200 Backstroke	3:12.56	3:14.30	235	19/12/20	City of Leeds	Morley Leisure	LEX806	0
200 Individual Medley	2:51.55	2:53.80	358	12/06/16	Harrogate Summer Meet	Harrogate	NE160246	3
400 Individual Medley	6:16.44	6:21.10	325	22/12/20	City of Leeds	John Charles	LEX873	0
100 Individual Medley	1:20.55	1:20.60	345	10/06/17	Harrogate District SC Summer A Grade Meet	Harrogate	NE170165	3