

Individual Best Times (All Time)

Samuel Tate - (1150396) - Northumberland & Durham Performa

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.61	25.80	485	26/03/22	City of Sheffield Swim Squad Premier Open Meet 22	Sheffield	NE220036	1
100 Freestyle	1:00.19	58.80	471	22/01/22	City of Sunderland ASC New Year Meet 2022	Sunderland	NE220080	1
200 Freestyle	2:08.90	2:06.20	495	25/07/21	SENE & NDSA Summer Racing Series	Sunderland Aquatic C	NE210265	1
400 Freestyle	4:29.71	4:24.50	543	24/07/21	SENE & NDSA Summer Racing Series	Sunderland Aquatic C	NE210265	1
800 Freestyle	9:20.03	9:09.60	526	04/05/19	Swim England North East Region Championships (50)	Sheffield	NE190135	1
1500 Freestyle	17:54.60	17:35.20	532	05/05/19	Swim England North East Region Championships (50)	Sheffield	NE190135	1
100 Breaststroke	1:29.51	1:28.10	256	14/01/18	City of Sunderland New Year Meet 2018	Sunderland	NE180380	1
200 Breaststroke	3:06.65	3:03.80	303	13/01/18	City of Sunderland New Year Meet 2018	Sunderland	NE180380	1
50 Butterfly	51.78	51.40	79	13/07/14	City of Sunderland ASC Summer Splash 2014	Sunderland	NE4760	3
100 Butterfly	1:14.13	1:13.10	296	28/04/18	Richmond Dales April Fool Gala	Leeds	NE180005	3
200 Butterfly	2:41.91	2:39.90	316	19/05/18	North East Region Championships	Leeds	NE180151	1
50 Backstroke	34.80	34.20	309	14/01/18	City of Sunderland New Year Meet 2018	Sunderland	NE180380	1
100 Backstroke	1:14.30	1:13.20	334	11/02/18	N & D 2018 Championships	Sunderland	NE180243	1
200 Backstroke	2:24.93	2:22.60	460	02/02/20	Northumberland & Durham SA County Championships	Sunderland	NE200404	1
200 Individual Medley	2:25.71	2:23.00	478	01/02/20	Northumberland & Durham SA County Championships	Sunderland	NE200404	1
400 Individual Medley	5:11.68	5:06.00	470	06/04/19	Derwentio Excel 13th Long Course Open Meet	Sheffield	EM190236	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.77	27.50	427	19/06/22	Newcastle Swim Team Summer Spectacular Sprint Meet	South Shields	NE220911	3
100 Freestyle	58.68	1:00.10	446	19/06/22	Newcastle Swim Team Summer Spectacular Sprint Meet	South Shields	NE220911	3
200 Freestyle	2:04.98	2:07.70	502	03/07/21	Morpeth	Morpeth	LEX2862	0
400 Freestyle	4:23.59	4:28.90	522	02/07/21	Morpeth	Morpeth	LEX2860	0
800 Freestyle	9:01.87	9:12.40	547	10/11/19	Northumberland Invitational Gala	Willowburn LC	NE192674	3
1500 Freestyle	17:15.05	17:34.80	547	03/11/19	North East Region Open Championships (25m)	Sheffield	NE192157	2
50 Breaststroke	35.94	36.80	334	28/10/20	Morpeth ASC	Morpeth Riverside Le	LEX057	0
100 Breaststroke	1:16.92	1:18.50	371	19/11/22	Durham City Aquatics Medley Challenge	Durham	NE221558	3
200 Breaststroke	2:53.98	2:57.00	329	13/01/19	Peterlee ASC & Derwentside ASC New Year Meet	Stanley	NE190003	3
50 Butterfly	30.69	31.30	355	28/10/20	Morpeth ASC	Morpeth Riverside Le	LEX057	0
100 Butterfly	1:06.13	1:07.30	377	26/05/21	Morpeth	Morpeth Riverside	LEX1323	0
200 Butterfly	2:28.78	2:30.90	370	18/09/21	Richmond Dales The Iain Young Back to Pool Gala	Middlesbrough	NE210405	3
50 Backstroke	32.53	33.10	313	19/06/22	Newcastle Swim Team Summer Spectacular Sprint Meet	South Shields	NE220911	3
100 Backstroke	1:07.61	1:08.80	365	03/11/20	Morpeth ASC	Morpeth Riverside LC	LEX247	0
200 Backstroke	2:21.06	2:23.40	419	19/10/19	Middlesbrough ASC Halloween 2019 Meet	Middlesbrough	NE192242	2
200 Individual Medley	2:22.41	2:25.10	456	29/09/19	South Tyneside Autumn Meet 2019	South Shields	NE192675	3
400 Individual Medley	4:53.80	4:59.70	510	21/07/21	Morpeth	Morpeth Riverside	LEX3549	0
100 Individual Medley	1:06.59	1:06.60	405	28/10/20	Morpeth ASC	Morpeth Riverside Le	LEX057	0