

Individual Best Times (All Time)

Rebecca Whelan - (1149458) - Bedford Swim Squad

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.11	30.40	437	09/07/17	Northampton 2017 Long Course Summer Festival	Corby	EM170339	3
100 Freestyle	1:07.48	1:06.20	449	08/07/17	Northampton 2017 Long Course Summer Festival	Corby	EM170339	3
200 Freestyle	2:28.40	2:26.00	439	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	ER170119	1
400 Freestyle	5:10.51	5:06.00	435	28/01/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180274	1
50 Breaststroke	39.46	38.70	403	03/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180275	1
100 Breaststroke	1:28.38	1:26.90	382	28/01/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180274	1
200 Breaststroke	3:13.30	3:10.50	360	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180275	1
50 Butterfly	34.36	33.80	359	03/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180275	1
100 Butterfly	1:25.29	1:24.40	275	10/07/16	Northampton 2016 Long Course Summer Festival	Corby	EM160458	3
50 Backstroke	36.89	36.30	386	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180275	1
200 Individual Medley	2:43.91	2:41.50	455	27/01/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180274	1
400 Individual Medley	5:55.27	5:50.30	419	03/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	ER180275	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.39	31.10	429	19/03/17	Bishops Stortford Spring Regional Qualifier	Borehamwood	ER170330	3
100 Freestyle	1:05.81	1:07.10	445	30/09/17	Modernian Golden Eagle Meet	Bletchley	ER170315	2
200 Freestyle	2:23.85	2:26.20	450	18/12/16	Modernian Last Chance County Qualifier	Bedford	ER162472	4
400 Freestyle	4:59.94	5:04.60	458	18/03/17	Bishops Stortford Spring Regional Qualifier	Borehamwood	ER170330	3
800 Freestyle	10:45.91	10:54.80	403	18/12/16	Modernian Last Chance County Qualifier	Bedford	ER162472	4
50 Breaststroke	39.96	40.70	357	27/11/16	Linslade Crusaders Last Chance Open Meet	Bletchley	ER161823	3
100 Breaststroke	1:28.63	1:30.00	348	26/11/17	Linslade Crusaders Last Chance Meet	Bletchley	ER171359	3
200 Breaststroke	3:09.23	3:12.00	359	17/06/17	CMKSC Summer Open Meet Level 3	Bletchley	SE171026	3
50 Butterfly	34.33	34.90	358	16/06/18	CMKSC Summer Open Meet Level 3	Bletchley	SE180991	3
100 Butterfly	1:15.82	1:16.80	362	13/05/18	Leighton Buzzard Springboard Open Meet 2018	Bletchley	ER180505	3
50 Backstroke	36.45	37.00	332	18/03/17	Bishops Stortford Spring Regional Qualifier	Borehamwood	ER170330	3
100 Backstroke	1:26.73	1:27.70	253	21/06/14	City of MK SC 12th Annual End of Season L3 Meet	Milton Keynes	SE4281	3
200 Backstroke	3:06.51	3:08.30	259	25/01/15	Biggleswade 16th Open Meet	Biggleswade	ER150191	3
200 Individual Medley	2:43.77	2:46.20	411	01/10/17	Modernian Golden Eagle Meet	Bletchley	ER170315	2
400 Individual Medley	5:43.77	5:48.80	427	26/11/17	Linslade Crusaders Last Chance Meet	Bletchley	ER171359	3
100 Individual Medley	1:17.14	1:17.10	393	17/06/17	CMKSC Summer Open Meet Level 3	Bletchley	SE171026	3