

Individual Best Times (All Time)

Isobel Adams - (1147682) - Haddington & District ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.60	37.20	245	07/06/15	Haddington Total Swimmer Meet	Mercat Gait	SCO992	2
100 Freestyle	1:25.77	1:26.70	201	14/02/16	ELST Anniversary Meet	Prestonpans	SCO1081	2
200 Freestyle	3:01.47	3:03.40	224	03/10/15	SASA East District SC Time Trial	Prestonpans	SCO1022	2
400 Freestyle	6:21.44	6:25.10	222	03/10/15	SASA East District SC Time Trial	Prestonpans	SCO1022	2
50 Breaststroke	47.53	48.20	212	07/06/15	Haddington Total Swimmer Meet	Mercat Gait	SCO992	2
100 Breaststroke	1:43.29	1:44.50	220	20/09/15	Haddington 100 Meet	Prestonpans	SCO1017	2
200 Breaststroke	3:34.69	3:37.10	246	04/10/15	SASA East District SC Time Trial	Prestonpans	SCO1022	2
50 Butterfly	47.48	47.90	135	07/06/15	Haddington Total Swimmer Meet	Mercat Gait	SCO992	2
50 Backstroke	46.84	47.30	156	07/06/15	Haddington Total Swimmer Meet	Mercat Gait	SCO992	2
100 Backstroke	1:36.85	1:37.70	182	20/09/15	Haddington 100 Meet	Prestonpans	SCO1017	2
200 Backstroke	3:23.94	3:25.60	198	04/10/15	SASA East District SC Time Trial	Prestonpans	SCO1022	2
100 Individual Medley	1:37.52	1:37.50	194	07/06/15	Haddington Total Swimmer Meet	Mercat Gait	SCO992	2