

Individual Best Times (All Time)

Amy Heath - (1147279) - Kingston Upon Hull SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.57	37.00	248	21/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
100 Freestyle	1:25.77	1:24.80	219	22/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
200 Freestyle	3:10.16	3:08.30	209	22/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
50 Breaststroke	54.75	54.20	151	21/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
200 Breaststroke	4:19.39	4:17.30	149	22/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
50 Butterfly	49.66	49.30	119	09/07/16	Richmond Dales Summer Madness Gala	Leeds	NE160287	3
50 Backstroke	56.26	55.90	108	21/09/14	City of Sheffield 32nd Annual Teaspoon Gala	Sheffield	NE4318	3
100 Backstroke	1:38.48	1:37.70	197	22/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
200 Backstroke	3:20.06	3:18.40	233	21/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3
200 Individual Medley	3:25.12	3:23.20	232	21/01/17	Rotherham Metro 'A' & 'B' Grade Long Course Meet	Sheffield	NE170150	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.76	35.40	287	08/10/17	Kingston upon Hull Regional Qualifier SC Meet	Ennerdale LC	NE171823	3
100 Freestyle	1:16.38	1:17.50	284	07/10/17	Kingston upon Hull Regional Qualifier SC Meet	Ennerdale LC	NE171823	3
200 Freestyle	2:47.14	2:49.20	287	07/10/17	Kingston upon Hull Regional Qualifier SC Meet	Ennerdale LC	NE171823	3
400 Freestyle	5:49.89	5:53.90	288	31/03/17	KUH SC A B Easter Short Course Meet	Kingston Upon Hull	NE170411	3
800 Freestyle	11:42.19	11:50.40	314	24/11/17	Kingston upon Hull Club Championships	Ennerdale LC	NE172296	4
50 Breaststroke	56.65	57.20	125	13/12/15	South Holderness Autumn Club Championships	South Holderness	NE151210	4
100 Breaststroke	1:42.79	1:44.00	223	08/10/17	Kingston upon Hull Regional Qualifier SC Meet	Ennerdale LC	NE171823	3
200 Breaststroke	3:42.64	3:45.00	220	09/12/17	Co Bradford Jingle Bell (A B Grade)	Bradford	NE172397	3
50 Butterfly	44.79	45.20	161	18/06/16	South Holderness Club Championships 2016	South Holderness	NE160996	4
100 Butterfly	1:44.38	1:45.10	138	26/06/16	Hull & District ASA Gala No 2	Hull	NE160290	4
200 Butterfly	4:38.12	4:39.30	79	24/10/15	South Holderness SC Autumn Club Championships 2015	South Holderness	NE151207	4
50 Backstroke	44.42	44.90	183	04/12/16	Doncaster Darts Swim Along A Santa	Beverley	NE160724	3
100 Backstroke	1:28.54	1:29.40	238	07/10/17	Kingston upon Hull Regional Qualifier SC Meet	Ennerdale LC	NE171823	3
200 Backstroke	2:59.34	3:01.20	291	08/10/17	Kingston upon Hull Regional Qualifier SC Meet	Ennerdale LC	NE171823	3
200 Individual Medley	3:04.14	3:06.30	289	07/10/17	Kingston upon Hull Regional Qualifier SC Meet	Ennerdale LC	NE171823	3
100 Individual Medley	1:51.89	1:51.90	128	17/05/15	Hull & District SA Championship Gala Series	Hull	NE150645	4