

Individual Best Times (All Time)

Isabel Hillsdon - (1146766) - City of Cambridge SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------------|---------|-----------------|-----------|----------|------------------------------------|----------------|----------|-------|
| 50 Freestyle | 29.28 | 28.60 | 524 | 10/02/18 | Kent Swimming Championships 2018 | London | SE180335 | 1 |
| 100 Freestyle | 1:02.75 | 1:01.40 | 559 | 28/01/18 | Kent Swimming Championships 2018 | Crystal Palace | SE180333 | 1 |
| 200 Freestyle | 2:14.30 | 2:11.70 | 593 | 11/03/18 | WDSC Long Course Premier Open Meet | Wycombe | SE180159 | 1 |
| 400 Freestyle | 4:44.81 | 4:39.80 | 564 | 20/01/18 | Kent Swimming Championships 2018 | Crystal Palace | SE180332 | 1 |
| 50 Butterfly | 35.20 | 34.70 | 334 | 14/02/16 | Kent Swimming Championships 2016 | London | SE160331 | 1 |
| 50 Backstroke | 33.18 | 32.60 | 530 | 10/03/18 | WDSC Long Course Premier Open Meet | Wycombe | SE180159 | 1 |
| 100 Backstroke | 1:12.57 | 1:11.50 | 493 | 11/03/18 | WDSC Long Course Premier Open Meet | Wycombe | SE180159 | 1 |
| 200 Backstroke | 2:32.87 | 2:30.70 | 522 | 10/03/18 | WDSC Long Course Premier Open Meet | Wycombe | SE180159 | 1 |
| 200 Individual Medley | 2:54.18 | 2:51.90 | 379 | 14/02/16 | Kent Swimming Championships 2016 | London | SE160331 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|--|-----------------|----------|-------|
| 50 Freestyle | 28.45 | 29.20 | 523 | 16/12/17 | BPSC Last Chance County Qualifier | Basildon | ER172322 | 3 |
| 100 Freestyle | 1:01.59 | 1:02.90 | 543 | 03/12/17 | Royal Tunbridge Wells Monson Club Championships | Tunbridge | SE172033 | 4 |
| 200 Freestyle | 2:11.87 | 2:14.50 | 585 | 26/11/17 | Royal Tunbridge Wells Monson Club Championships | Tunbridge | SE172032 | 4 |
| 400 Freestyle | 4:44.17 | 4:49.10 | 539 | 02/12/17 | Royal Tunbridge Wells Monson Club Championships | Tunbridge | SE172033 | 4 |
| 800 Freestyle | 10:27.76 | 10:36.90 | 439 | 21/10/16 | RTW Monson Club Championships | Tonbridge | SE162282 | 4 |
| 1500 Freestyle | 20:30.89 | 20:47.60 | 401 | 11/10/15 | Royal Tunbridge Wells Monson Club Championships | Tonbridge | SE151913 | 4 |
| 50 Breaststroke | 42.07 | 42.80 | 306 | 21/11/16 | RTW Monson Club Championships | Tunbridge Wells | SE162285 | 4 |
| 100 Breaststroke | 1:31.37 | 1:32.70 | 317 | 03/12/16 | RTW Monson Club Championships | Tunbridge Wells | SE162288 | 4 |
| 50 Butterfly | 32.05 | 32.60 | 440 | 03/12/17 | Royal Tunbridge Wells Monson Club Championships | Tunbridge | SE172033 | 4 |
| 50 Backstroke | 31.80 | 32.40 | 500 | 26/11/17 | Royal Tunbridge Wells Monson Club Championships | Tunbridge | SE172032 | 4 |
| 100 Backstroke | 1:08.24 | 1:09.40 | 520 | 17/12/17 | BPSC Last Chance County Qualifier | Basildon | ER172322 | 3 |
| 200 Backstroke | 2:26.98 | 2:29.20 | 529 | 17/12/17 | BPSC Last Chance County Qualifier | Basildon | ER172322 | 3 |
| 200 Individual Medley | 2:38.22 | 2:40.70 | 456 | 26/11/17 | Royal Tunbridge Wells Monson Club Championships | Tunbridge | SE172032 | 4 |
| 400 Individual Medley | 6:01.48 | 6:06.30 | 367 | 22/11/15 | Royal Tunbridge Wells Monson SC Club Championships | Tonbridge | SE151917 | 4 |
| 100 Individual Medley | 1:13.54 | 1:13.50 | 453 | 03/12/17 | Royal Tunbridge Wells Monson Club Championships | Tunbridge | SE172033 | 4 |