

# Individual Best Times (All Time)

Thomas Spearpoint - (1145506) - Shepway Swimming Club

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	41.75	42.20	112	28/06/14	Dover Lifeguard SC Whitecliffs	Dover	SE4918	3
100 Freestyle	1:36.44	1:37.30	100	27/06/14	Folkestone Sports Centre SC Club Championships	Folkestone	SE4834	4
200 Freestyle	3:31.34	3:33.00	103	07/07/14	Folkestone Club Championships	Folkestone	SE4837	4
400 Freestyle	7:27.88	7:31.00	106	23/06/14	Folkestone Sports Centre Club Championships	Folkestone	SE4833	4
50 Breaststroke	1:01.25	1:01.80	67	30/06/14	Folkestone Club Championships	Folkestone	SE4835	4
50 Butterfly	52.66	53.00	70	07/07/14	Folkestone Club Championships	Folkestone	SE4837	4
50 Backstroke	50.22	50.60	85	27/06/14	Folkestone Sports Centre SC Club Championships	Folkestone	SE4834	4
100 Individual Medley	1:45.49	1:45.50	101	28/06/14	Dover Lifeguard SC Whitecliffs	Dover	SE4918	3