

# Individual Best Times (All Time)

Holly White - (1144945) - Orion SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.98	30.30	442	29/01/17	Warwickshire Swimming Championships	Coventry	WM170010	1
100 Freestyle	1:07.47	1:06.20	450	28/01/17	Warwickshire Swimming Championships	Coventry	WM170010	1
200 Freestyle	2:27.59	2:25.20	447	12/02/17	Warwickshire Swimming Championships	Coventry	WM170011	1
100 Breaststroke	1:41.14	1:39.90	254	15/03/14	Warwickshire County Championships	Coventry	CC4006	1
200 Breaststroke	3:37.34	3:34.90	253	01/03/14	Warwickshire ASA County Championships	Coventry	CC4004	1
50 Butterfly	34.81	34.30	345	11/02/17	Warwickshire Swimming Championships	Coventry	WM170011	1
100 Butterfly	1:36.71	1:35.90	188	01/03/14	Warwickshire ASA County Championships	Coventry	CC4004	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.95	31.60	406	21/10/18	Orion Club Championship 2018	Edgbaston	WM181940	4
100 Freestyle	1:06.12	1:07.40	438	03/07/16	Boldmere Water Carnival	Stechford	WM161270	3
200 Freestyle	2:27.06	2:29.40	422	02/07/16	Boldmere Water Carnival	Stechford	WM161270	3
400 Freestyle	5:16.10	5:20.50	391	03/07/16	Boldmere Water Carnival	Stechford	WM161270	3
800 Freestyle	10:57.92	11:06.70	382	24/10/15	Beeches Club Championships	Birmingham	WM151864	4
50 Breaststroke	43.05	43.80	286	06/04/15	City of Birmingham 22nd Open Meet	Stechford	WM150466	3
100 Breaststroke	1:32.70	1:34.10	304	22/09/16	Orion Club Championships	Edgbaston	WM161520	4
50 Butterfly	34.99	35.50	338	26/03/16	City of Birmingham 23rd Open Meet	Birmingham	WM160128	2
100 Butterfly	1:21.57	1:22.50	290	05/04/15	City of Birmingham 22nd Open Meet	Stechford	WM150466	3
50 Backstroke	41.51	42.00	225	28/09/14	Orion Club Championships	Edgbaston	WM4858	4
100 Individual Medley	1:20.87	1:20.90	341	20/10/18	Orion Club Championship 2018	Edgbaston	WM181940	4