Individual Best Times (All Time)

Elwyn Lee-Mitchell - (1144715) - City of Southampton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.35	25.50	499	09/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
100 Freestyle	56.51	55.00	570	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
200 Freestyle	2:04.10	2:01.30	555	04/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
400 Freestyle	4:36.43	4:31.30	504	28/01/17	Hampshire County Swimming Championships 2017	Portsmouth	SE170464	1
50 Breaststroke	32.75	31.80	497	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
100 Breaststroke	1:12.97	1:11.20	473	04/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
200 Breaststroke	2:44.15	2:40.90	446	22/10/17	Neath ASC Open Meet 2017	Swansea	WL171216	1
50 Butterfly	28.35	27.70	484	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
100 Butterfly	1:01.48	1:00.20	520	09/02/20	Hampshire County Championships 2020	Portsmouth	SE200384	1
200 Butterfly	2:27.92	2:25.80	415	03/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
50 Backstroke	29.81	29.10	493	25/07/17	British Summer Championships	Sheffield	BSW002	1
100 Backstroke	1:06.05	1:04.80	476	05/05/18	Swim England South East Championships 2018	Wycombe	SE181206	1
200 Backstroke	2:23.53	2:21.20	474	04/02/18	Hampshire County Championships 2018	Mountbatten LC	SE180161	1
200 Individual Medley	2:22.91	2:20.10	507	27/05/17	ASA South East Region Championships 2017	Crawley	SE170867	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.04	25.90	521	29/09/19	City of Southampton 19th James Moreno Open Meet	Southampton	SE191582	2
100 Freestyle	54.47	56.00	557	29/10/19	City of Southampton Club Championships 2019	Southampton	SE191514	4
200 Freestyle	1:59.86	2:02.70	569	29/09/19	City of Southampton 19th James Moreno Open Meet	Southampton	SE191582	2
400 Freestyle	4:22.13	4:27.40	530	01/11/17	City of Southampton Club Championships	Southampton	SE171476	4
1500 Freestyle	17:56.59	18:15.60	486	02/11/16	City of Southampton Club Championships	Southampton	SE160929	4
50 Breaststroke	31.90	32.90	478	09/02/19	Hampshire County ASA Championships 2019	Portsmouth	SE190344	2
100 Breaststroke	1:09.44	1:11.20	504	29/10/19	City of Southampton Club Championships 2019	Southampton	SE191514	4
200 Breaststroke	2:35.27	2:38.60	463	29/10/19	City of Southampton Club Championships 2019	Southampton	SE191514	4
50 Butterfly	27.30	28.00	505	01/03/20	19th City of Southampton Open Meet	Southampton	SE200358	3
100 Butterfly	1:00.17	1:01.40	500	01/03/20	19th City of Southampton Open Meet	Southampton	SE200358	3
200 Butterfly	2:19.96	2:22.20	444	07/12/17	City of Southampton Closed Meet	Southampton	SE171865	4
50 Backstroke	28.92	29.60	446	07/10/18	Swim England National County Team Div 2 Champs	Sheffield	ENG011	2
100 Backstroke	1:02.38	1:03.70	465	01/03/20	19th City of Southampton Open Meet	Southampton	SE200358	3
200 Backstroke	2:18.54	2:20.90	443	16/12/17	City of Southampton Closed Meet	Southampton	SE171631	4
200 Individual Medley	2:18.68	2:21.50	494	28/10/18	City of Southampton Club Championships	Southampton	SE180788	4
400 Individual Medley	4:57.01	5:02.90	494	30/10/17	City of Southampton Club Championships	Southampton	SE171475	4
100 Individual Medley	1:02.62	1:02.60	487	28/10/18	City of Southampton Club Championships	Southampton	SE180788	4

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