

# Individual Best Times (All Time)

Jessica Towers - (1144463) - Wey Valley SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.80	32.20	372	29/09/18	Lis Hartley Long Course Open Meet	Crawley	SE180015	3
100 Freestyle	1:14.49	1:13.40	334	01/10/17	Lis Hartley Long Course Open Meet	Crawley	SE170538	3
50 Butterfly	35.00	34.50	340	23/02/19	Surrey Age Group Championships 2019	London	LR190271	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.81	32.50	374	02/12/18	Guildford City L3 County Qualifier	Spectrum LC	SE180712	3
100 Freestyle	1:12.76	1:13.90	329	18/11/17	Wey Valley Club Championships 2017	Spectrum LC	SE172529	4
200 Freestyle	2:41.64	2:43.80	317	03/12/17	Wey Valley Club Championships 2017	Godalming	SE172531	4
50 Breaststroke	47.29	48.00	215	20/06/15	Wey Valley Club Champs - Summer Sprints	Wey Valley	SE151211	4
100 Breaststroke	1:40.33	1:41.60	240	24/11/18	Wey Valley Club Championships 2018	Guildford Spectrum	SE182723	4
200 Breaststroke	4:16.41	4:18.50	144	17/11/13	Wey Valley Club Championships	Godalming	SE3976	4
50 Butterfly	34.89	35.40	341	10/06/18	Cranleigh ASC Summer Meet	Cranleigh	SE180850	3
100 Butterfly	1:18.18	1:19.10	330	14/12/19	NASL South Round 3	Southampton	SE193327	3
50 Backstroke	38.36	38.90	285	01/07/17	Wey Valley Summer Sprints 2017	Guildford	SE171289	4
100 Backstroke	1:26.57	1:27.50	254	03/12/16	Wey Valley Club Championships	Guildford	SE162393	4
200 Individual Medley	2:59.63	3:01.80	312	12/11/17	Wey Valley Club Championships 2017	Godalming	SE172528	4
100 Individual Medley	1:20.18	1:20.20	350	10/06/18	Cranleigh ASC Summer Meet	Cranleigh	SE180850	3