

Individual Best Times (All Time)

Daisy Sawford - (1144015) - Nottingham Leander SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	39.60	40.10	194	29/09/18	6th MAD Open Meet	Matlock	EM181093	3
100 Freestyle	1:29.93	1:30.90	174	27/10/18	Sports Centre League 2018 - Division 1	Nottingham Uni Pool	EM180568	4
200 Freestyle	3:14.54	3:16.30	182	29/09/18	6th MAD Open Meet	Matlock	EM181093	3
50 Breaststroke	51.58	52.20	166	08/07/18	Tony Holmes Sprint Meet	Hucknall	EM180493	3
100 Breaststroke	1:49.98	1:51.10	182	04/03/18	The 10th Spring Open Meet	Worksop	EM180407	3
200 Breaststroke	4:07.83	4:10.00	160	29/10/16	Nottingham Leander Club Championships	Nottingham	EM161870	4
50 Butterfly	44.12	44.50	168	08/07/18	Tony Holmes Sprint Meet	Hucknall	EM180493	3
50 Backstroke	44.57	45.00	181	08/07/18	Tony Holmes Sprint Meet	Hucknall	EM180493	3
100 Backstroke	1:34.39	1:35.20	196	09/02/19	Sports Centre League 2019 - Division 1	Lammas LC	EM191331	4
200 Individual Medley	3:21.20	3:23.20	222	20/11/16	Nottingham Leander Club Championships	Nottingham	EM161872	4
100 Individual Medley	1:36.62	1:36.60	200	08/07/18	Tony Holmes Sprint Meet	Hucknall	EM180493	3