

# Individual Best Times (All Time)

Sarah McCool - (1143311) - Bellshill Sharks ASC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	41.04	41.50	174	22/03/15	REN96 Graded Meet	Linwood	SCO966	2
100 Freestyle	1:27.34	1:28.30	190	22/03/15	REN96 Graded Meet	Linwood	SCO966	2
200 Freestyle	2:57.82	2:59.80	238	11/04/15	Stirling Open Meet	Stirling	SCO962	2
400 Freestyle	6:12.73	6:16.50	238	30/05/15	Rascals Graded Meet 2015	Bellshill	SCO983	2
50 Breaststroke	59.45	1:00.00	108	22/03/15	REN96 Graded Meet	Linwood	SCO966	2
100 Breaststroke	2:02.26	2:03.30	132	11/04/15	Stirling Open Meet	Stirling	SCO962	2
50 Butterfly	45.95	46.40	149	30/05/15	Rascals Graded Meet 2015	Bellshill	SCO983	2
100 Butterfly	1:40.91	1:41.70	153	11/04/15	Stirling Open Meet	Stirling	SCO962	2
50 Backstroke	45.77	46.20	167	22/03/15	REN96 Graded Meet	Linwood	SCO966	2
200 Backstroke	3:28.26	3:29.90	186	11/04/15	Stirling Open Meet	Stirling	SCO962	2
200 Individual Medley	3:28.08	3:30.00	200	30/05/15	Rascals Graded Meet 2015	Bellshill	SCO983	2
100 Individual Medley	1:50.99	1:51.00	131	23/08/14	Cumbernauld Autumn Graded Meet	Tryst	SCO869	2