

Individual Best Times (All Time)

Emily Tatam - (1143215) - Basildon and Phoenix SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.50	30.80	421	01/02/20	Essex Age Group Championships 2020	London	ER200176	1
100 Freestyle	1:08.32	1:07.10	433	20/04/19	BPSC Easter Meet 2019	Basildon	ER190188	1
200 Freestyle	2:31.64	2:29.30	412	16/02/20	Essex Age Group Championships 2020	Basildon	ER200178	1
400 Freestyle	5:26.46	5:22.10	374	14/05/17	BPSC Spring Long Course Meet	Basildon	ER170183	1
50 Breaststroke	40.53	39.70	372	25/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	NE230349	1
100 Breaststroke	1:30.21	1:28.80	359	29/02/20	Essex Age Group Championships 2020	Basildon	ER200175	1
200 Breaststroke	3:16.44	3:13.70	343	21/04/19	BPSC Easter Meet 2019	Basildon	ER190188	1
50 Butterfly	35.61	35.10	322	02/02/19	ESSEX AGE GROUP CHAMPS 2019	LONDON	ER190209	1
100 Butterfly	1:22.71	1:21.80	301	29/10/17	Essex Senior Winter Championships 2017	Basildon	ER171405	1
200 Butterfly	2:48.85	2:47.00	375	18/02/18	Essex Age Group Championships 2018	Basildon	ER180157	1
50 Backstroke	35.84	35.30	420	01/02/20	Essex Age Group Championships 2020	London	ER200176	1
100 Backstroke	1:16.60	1:15.50	419	16/02/19	Essex Age Group Champs 2019	Basildon	ER190211	1
200 Backstroke	2:43.27	2:41.20	429	16/02/19	Essex Age Group Champs 2019	Basildon	ER190211	1
200 Individual Medley	2:50.23	2:47.90	406	13/05/18	BPSC Spring Long Course Event 2018	Basildon	ER180360	1
400 Individual Medley	5:49.39	5:44.30	440	20/04/19	BPSC Easter Meet 2019	Basildon	ER190188	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.42	31.10	428	05/07/19	BPSC Club Championships 2019	Basildon	ER191554	4
100 Freestyle	1:06.23	1:07.50	436	07/04/19	Thurrock Essex & Regional Qualifier 2019	Thurrock	ER190014	3
200 Freestyle	2:21.19	2:23.60	476	05/07/19	BPSC Club Championships 2019	Basildon	ER191554	4
400 Freestyle	5:05.05	5:09.60	435	28/10/18	BPSC Halloween County Qualifier 2018	Basildon	ER181383	3
800 Freestyle	10:21.91	10:31.10	452	25/11/18	BPSC 1500 800 County & Regional Qualifier 2018	Basildon	ER182598	3
50 Breaststroke	39.39	40.20	373	25/09/21	Basildon and Phoenix Dave Warriner Sprint Meet	Basildon	ER210610	3
100 Breaststroke	1:25.51	1:27.00	387	26/02/22	Swim England Essex Age Group Championships 2022	Basildon	ER220051	2
200 Breaststroke	3:06.84	3:09.60	373	07/12/19	BPSC Last Chance County Qualifier 2019	Basildon	ER192691	3
50 Butterfly	34.11	34.70	365	26/06/22	Basildon & Phoenix SC Dave Warriner Sprint Meet 22	Basildon	ER221051	3
100 Butterfly	1:16.18	1:17.20	357	17/06/23	Basildon & Phoenix Dave Warriner Sprint Meet 2023	Basildon	ER231037	3
200 Butterfly	2:46.03	2:47.90	373	10/03/18	BPSC Spring Regional Qualifier 2018	Basildon	ER180212	3
50 Backstroke	34.19	34.80	402	15/03/20	BPSC Spring Regional Qualifier 2020	Basildon	ER200476	3
100 Backstroke	1:11.33	1:12.40	455	20/10/19	Essex Senior Winter Champs	Basildon	ER191968	2
200 Backstroke	2:33.90	2:36.10	461	29/09/19	BPSC Season Opener 2019	Basildon	ER191860	3
200 Individual Medley	2:38.45	2:40.90	454	22/06/19	BPSC Club Championships 2019	Basildon	ER191553	4
400 Individual Medley	5:32.61	5:37.90	471	07/04/19	Thurrock Essex & Regional Qualifier 2019	Thurrock	ER190014	3
100 Individual Medley	1:17.04	1:17.00	394	17/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2