

Individual Best Times (All Time)

Rebecca Watson - (1143000) - Sheffield City SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	32.12	31.50	397	07/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	NE170390	3
100 Freestyle	1:11.14	1:10.00	384	18/11/17	Glyn Mettam Memorial B Grade Open Meet	Sheffield	NE170901	3
200 Freestyle	2:38.61	2:36.40	360	07/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	NE170390	3
400 Freestyle	5:38.62	5:34.40	335	06/11/16	Sheffield & District ASA Championships	Sheffield	NE160615	4
50 Breaststroke	44.52	43.80	280	17/11/18	Glyn Mettam Memorial 'B' Grade Open Meet	Sheffield	NE180825	3
100 Breaststroke	1:43.10	1:41.90	240	05/12/15	Borough of Barnsley 20th Annual Christmas Sprint	Sheffield	NE152097	3
50 Butterfly	36.15	35.60	308	02/09/18	Sheffield & District Championships	Sheffield	NE180824	4
50 Backstroke	36.76	36.20	390	17/11/18	Glyn Mettam Memorial 'B' Grade Open Meet	Sheffield	NE180825	3
100 Backstroke	1:17.96	1:16.90	397	02/09/18	Sheffield & District Championships	Sheffield	NE180824	4
200 Backstroke	2:53.77	2:51.80	355	07/05/17	Rotherham Metro Springtime Long Course Meet	Sheffield	NE170390	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	32.34	33.00	356	03/07/16	Bo Barnsley Annual Summer Sizzler	Sheffield	NE160959	3
100 Freestyle	1:12.18	1:13.30	337	27/08/16	Sheffield City 13th Annual Open Sprints Meet	Sheffield	NE160855	3
50 Breaststroke	44.16	44.90	265	27/08/16	Sheffield City 13th Annual Open Sprints Meet	Sheffield	NE160855	3
100 Breaststroke	1:39.55	1:40.80	245	27/08/16	Sheffield City 13th Annual Open Sprints Meet	Sheffield	NE160855	3
50 Butterfly	36.68	37.20	293	02/07/17	BOBSC 10th Annual Summer Sizzler	Sheffield	NE170621	3
50 Backstroke	37.00	37.50	317	02/07/17	BOBSC 10th Annual Summer Sizzler	Sheffield	NE170621	3
100 Backstroke	1:19.30	1:20.30	331	03/07/16	Bo Barnsley Annual Summer Sizzler	Sheffield	NE160959	3
200 Individual Medley	2:53.18	2:55.40	348	02/07/17	BOBSC 10th Annual Summer Sizzler	Sheffield	NE170621	3