Individual Best Times (All Time)

Abigail Howard - (1142651) - South Mainland ASC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	50.07	50.50	96	08/06/14	Lerwick ASC Midsummer Meet	Clickimin	SCO856	2
100 Freestyle	1:45.88	1:46.70	106	09/02/14	Lerwick ASC Graded Meet	Clickimin	SCO807	2
50 Breaststroke	56.22	56.80	128	22/03/15	Shetland Sprint Championships	Clickimin	SCO956	2