

Individual Best Times (All Time)

Cameron Neilson - (1142278) - Cumbernauld ASC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.33	26.60	447	02/02/20	2020 WD Long Course Championships - WE2	Tollcross	SCO1783	1
100 Freestyle	1:00.28	58.90	469	01/03/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	SCO1800	2
200 Freestyle	2:23.42	2:21.00	359	01/04/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
400 Freestyle	4:59.90	4:55.20	395	04/03/17	2017 SASA West District LC AG R3 Championship	East Kilbride	SCO1257	1
1500 Freestyle	19:44.80	19:27.20	397	31/03/17	Scottish National Age Group Championships	Aberdeen	SCO1270	1
50 Breaststroke	34.52	33.60	424	01/03/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	SCO1800	2
100 Breaststroke	1:17.89	1:16.30	389	29/02/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	SCO1800	2
200 Breaststroke	2:52.50	2:49.40	384	18/05/19	East Kilbride Long Course Age Group Meet 2019	Dollan Aqua Centre	SCO1663	1
50 Butterfly	29.05	28.40	450	02/02/20	2020 WD Long Course Championships - WE2	Tollcross	SCO1783	1
50 Backstroke	31.08	30.40	435	13/07/19	Scottish Summer Meet	RCP Edinburgh	SCO1690	1
100 Backstroke	1:11.42	1:10.30	377	12/01/19	2019 SS West District LC Senior Age Group Champs	Glasgow	SCO1587	1
200 Backstroke	2:30.92	2:28.70	407	02/02/20	2020 WD Long Course Championships - WE2	Tollcross	SCO1783	1
200 Individual Medley	2:28.24	2:25.60	454	01/03/20	2020 SS West District LC AG Pre-SNAG Meet	Glasgow	SCO1800	2
400 Individual Medley	5:28.25	5:22.90	403	11/01/20	2020 WD Long Course Championships - WE1	Tollcross	SCO1782	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.75	26.50	479	18/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
100 Freestyle	1:02.06	1:03.40	377	15/12/18	Cumbernauld Christmas Sprints 2018	Tryst Sports Centre	SCO1574	2
200 Freestyle	2:16.18	2:18.70	388	12/11/17	2017 WD Short Course JAG Championship	Cumbernauld	SCO1365	1
400 Freestyle	4:42.92	4:47.80	422	04/11/17	REN96 Open Meet	Linwood	SCO1380	2
800 Freestyle	10:03.29	10:12.80	397	02/09/17	North Ayrshire Distance Meet	Portal	SCO1328	2
1500 Freestyle	18:55.70	19:13.70	414	12/11/17	2017 WD Short Course JAG Championship	Cumbernauld	SCO1365	1
50 Breaststroke	33.44	34.40	415	18/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
100 Breaststroke	1:15.01	1:16.70	400	08/06/19	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	SCO1678	2
200 Breaststroke	2:41.37	2:44.60	412	16/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
50 Butterfly	28.64	29.30	437	19/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
100 Butterfly	1:06.03	1:07.20	378	03/11/19	REN96 Open Meet	Linwood	SCO1742	2
50 Backstroke	30.37	31.00	385	08/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	SCO1713	1
100 Backstroke	1:06.90	1:08.10	377	09/06/19	Cumbernauld Open Age Group and Senior Meet	Tryst Sports Centre	SCO1678	2
200 Backstroke	2:26.38	2:28.60	375	17/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
200 Individual Medley	2:24.87	2:27.60	433	17/11/19	2019 SS West District SC SAG Championships	Glasgow	SCO1746	2
400 Individual Medley	5:12.33	5:17.90	424	03/11/19	REN96 Open Meet	Linwood	SCO1742	2
100 Individual Medley	1:07.12	1:07.10	395	07/09/19	2019 SS West District SC AG Sprints & Relay Champs	Tollcross	SCO1713	1