

Individual Best Times (All Time)

Amy Wilson - (1136299) - Adwick (Doncaster) SC

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|-----------------|---------|-----------------|-----------|----------|--|-----------|---------|-------|
| 50 Freestyle | 43.13 | 42.60 | 164 | 14/12/13 | BoB SC 18th Annual Christmas Sprint | Sheffield | NE31002 | 3 |
| 100 Freestyle | 1:39.62 | 1:38.80 | 139 | 02/02/14 | Sheffield & District ASA Championships | Sheffield | NE4187 | 4 |
| 50 Breaststroke | 58.91 | 58.40 | 121 | 02/02/14 | Sheffield & District ASA Championships | Sheffield | NE4187 | 4 |
| 50 Butterfly | 55.16 | 54.80 | 86 | 14/12/13 | BoB SC 18th Annual Christmas Sprint | Sheffield | NE31002 | 3 |
| 50 Backstroke | 48.72 | 48.30 | 167 | 14/12/13 | BoB SC 18th Annual Christmas Sprint | Sheffield | NE31002 | 3 |
| 100 Backstroke | 1:46.78 | 1:46.00 | 154 | 02/02/14 | Sheffield & District ASA Championships | Sheffield | NE4187 | 4 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---|--------|----------|-------|
| 50 Freestyle | 38.81 | 39.30 | 206 | 08/03/15 | Doncaster ASA John Harriman Championships | Adwick | NE150785 | 4 |
| 200 Freestyle | 3:23.23 | 3:24.90 | 159 | 12/07/14 | Adwick Home Championships Santa Sprint Ladder | Adwick | NE4762 | 4 |
| 50 Breaststroke | 51.32 | 51.90 | 168 | 08/03/15 | Doncaster ASA John Harriman Championships | Adwick | NE150785 | 4 |
| 200 Breaststroke | 4:12.69 | 4:14.80 | 151 | 19/07/14 | Adwick Home Championships Santa Sprint Ladder | Adwick | NE4763 | 4 |
| 50 Butterfly | 49.26 | 49.60 | 121 | 08/03/15 | Doncaster ASA John Harriman Championships | Adwick | NE150785 | 4 |
| 50 Backstroke | 44.09 | 44.50 | 187 | 08/03/15 | Doncaster ASA John Harriman Championships | Adwick | NE150785 | 4 |
| 200 Backstroke | 3:33.54 | 3:35.10 | 172 | 19/07/14 | Adwick Home Championships Santa Sprint Ladder | Adwick | NE4763 | 4 |
| 200 Individual Medley | 3:39.36 | 3:41.20 | 171 | 19/07/14 | Adwick Home Championships Santa Sprint Ladder | Adwick | NE4763 | 4 |
| 100 Individual Medley | 1:37.36 | 1:37.40 | 195 | 15/11/14 | Adwick Home Championships | Adwick | NE4764 | 4 |