

Individual Best Times (All Time)

Alice Teasdale - (1133874) - Morpeth SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.37	34.80	297	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
100 Freestyle	1:18.08	1:17.00	290	05/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
200 Freestyle	2:45.76	2:43.60	315	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
50 Breaststroke	47.67	47.00	228	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
100 Breaststroke	1:43.29	1:42.10	239	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
200 Breaststroke	3:37.76	3:35.30	252	05/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
50 Backstroke	43.42	43.00	236	05/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
100 Backstroke	1:32.69	1:31.80	236	04/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3
200 Backstroke	3:14.84	3:13.10	252	05/07/15	City of Sunderland Summer Splash 2015	Sunderland	NE151248	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.09	34.70	304	14/05/16	Tynemouth Open Sprints & Teams 2016	Tynemouth	NE160602	4
100 Freestyle	1:13.69	1:14.80	317	01/10/16	South Tyneside Swim Team Autumn Meet	South Shields	NE162095	3
200 Freestyle	2:36.44	2:38.60	350	02/10/16	South Tyneside Swim Team Autumn Meet	South Shields	NE162095	3
400 Freestyle	5:36.69	5:40.80	324	02/10/16	South Tyneside Swim Team Autumn Meet	South Shields	NE162095	3
50 Breaststroke	46.35	47.00	229	01/10/16	South Tyneside Swim Team Autumn Meet	South Shields	NE162095	3
100 Breaststroke	1:39.70	1:41.00	244	20/02/16	Derwentside ASC Development Meet 2016	Stanley	NE160099	3
200 Breaststroke	3:32.11	3:34.60	255	20/02/16	Derwentside ASC Development Meet 2016	Stanley	NE160099	3
50 Butterfly	42.15	42.60	193	01/10/16	South Tyneside Swim Team Autumn Meet	South Shields	NE162095	3
50 Backstroke	41.47	42.00	225	14/05/16	Tynemouth Open Sprints & Teams 2016	Tynemouth	NE160602	4
100 Backstroke	1:26.23	1:27.20	257	01/10/16	South Tyneside Swim Team Autumn Meet	South Shields	NE162095	3
200 Backstroke	3:00.89	3:02.70	284	17/04/16	Tynedale Invitational Gala 2016	Hexham	NE160288	3
100 Individual Medley	1:27.13	1:27.10	272	14/05/16	Tynemouth Open Sprints & Teams 2016	Tynemouth	NE160602	4